

THE SIGN

JULY & AUGUST 2022



**ST. CUTHBERT'S
SCOTTISH EPISCOPAL CHURCH
COLINTON**

THE SIGN
July & August 2022

St Cuthbert's
Scottish Episcopal Church
Westgarth Avenue
Colinton
EDINBURGH
EH13 0BD



St Cuthbert's endeavours to be a community in which all are encouraged to participate in worshipping God and serving the wider community. It welcomes those who are doubters and sceptics as well as those who are committed in faith, and has a concern for those who have been hurt by their experiences of life.

If you wish to receive Home Communion, please contact Revd Nicki McNelly – Tel: 0131 441 7580



Facebook: @stcuthbertscolinton



Instagram: stcuthbertscolinton



Twitter: @stcuthbertsSEC



St Cuthbert's Scottish Episcopal Church
Colinton

Front Page Photo – 'Allium with bee' – a summer photograph provided by Alice Dalley – taken in Malleny Garden in Balerno.

Dear Friends,

I must begin this letter by thanking Lesley for writing the last one, as I was on holiday and then thank her again, along with Margaret Dineley and Bishop Bob for covering my holiday, followed by my sick leave when I returned. Sadly, my much longed-for holiday was a bit of a disaster, with four of us testing positive for Covid and my grand daughter getting chicken pox as well



as Covid. Being asthmatic, post-Covid has not been an easy journey and I am still struggling a little with my breathing and a cough, which I hope will all sort itself out soon. We did have four days before any of us got ill, and it was lovely to see Eira's reactions to the fun of Disneyworld. (No, she didn't get to buy all the Minnies!)

The journey home was a nightmare too but I won't bore you with that!

It was lovely to be together as a congregation to celebrate Pentecost and the Queen's Platinum Jubilee. As usual, we were not disappointed with the picnic supplied by Margaret Holmes and her team. My sincere thanks to them all, and also to Bryan Dale for selecting the tree for the Queen's 'green canopy' initiative and digging the hole for me to plant it. (More photos later on).

With Easter, Pentecost and Trinity over, we have entered the 'green' season of ordinary time. We now have many weeks of green frontals (festivals aside) until the end of November and Christ the King. People say this is our quiet time. I would like to let you know there is no such thing in the church, and we have plenty to keep us busy.

I hope some of you will be bringing your pets to the service of thanksgiving and blessing of pets at 3pm on July 3rd. On July 16th, I travel to Altcar with the Army Cadet Force (ACF) for their two-week annual camp. I can assure you I will return exhilarated, having been with 300 youngsters for two weeks, and exhausted for the same reason. I thank Revd Jim Mein (17th July) and Revd Tim Tunley (24th July) for covering. Tim will be celebrating Sea Sunday in his role as Chaplain to Seafarers.

In August I am part of a team offering chaplaincy cover to the performers at the Edinburgh Tattoo (again, linked with my ACF connections). At the family service in August, we will be giving thanks for children and educators, and blessing school bags. If you know of any youngsters you could invite, please do so. I also continue to be interim pastor for St. Fillan's during their search for a new priest. I thank Margaret Dineley, Lesley and Marie in the support they give me in this role.

There are a couple of notices asking for volunteers for specific roles in the church. I ask you to prayerfully consider them as sadly without volunteers, providing for others becomes difficult.

There's also a very important notice about Lesley's Ordination to the Priesthood in September. We need to know numbers, so please RSVP as requested.

Caroline, Margaret and Lesley all have holidays during July and August, so I hope they have more luck than I did. Indeed, I wish you all a happy, blessed summer, what ever you plan to do.

Love and blessings

Nicki



Current Covid Regulations

Keep using Covid sense



gov.scot/coronavirus



When receiving Communion, the wafer will be dipped into the wine by the person leading the Eucharist, before passing it to you. If you would prefer to receive the wafer only, with no wine, please let the worship leader know when you come to the altar rail.

We continue to use hand gel when entering and leaving church and when coming to the altar.

We encourage you to continue to wear face coverings, unless you are exempt.

We no longer record who attends services.

stcuthbertscolinton@gmail.com



The Vestry of St. Cuthbert's Church, Edinburgh
requests the pleasure of your company
at the Ordination of

Revd. Dr. Lesley Penny
as Priest

on the 21st September, 2022 at 7.00pm
in St. Cuthbert's Church, Edinburgh

RSVP by 14th August 2022
stcuthbertsrector@gmail.com

0131 441 7580

July News from the NSM

The period since I wrote my article for the June issue of The Sign has seen many ups and downs, not least the news that Nicki had been struck down with Covid during her special family holiday in Florida. How vexed and gutted we were for her and her family, especially considering the care she had taken over her health prior to the holiday, but we were also grateful that there were enough of us able to **attempt** to try and fill the breach to the best of our abilities whilst she regained her health and strength.

The situation made me think of Princess Eugenie's observation that her grandmother, our Sovereign Lady, Queen Elizabeth 11, whose Platinum Jubilee we were celebrating over Pentecost weekend, has been a rock in a fragile world. It is indeed a fragile world in many respects, with the ravages of climate change, the war in Ukraine, terrorism, persecution, drug abuse, as well as the alarming impact of the Covid pandemic. But I felt able to observe that we too, as Christians, have a rock to cling to in this fragile world, in this era of increasing uncertainties. That rock, of course, is God.

And, in our recent celebrations of Pentecost and Trinity Sunday, we have been rejoicing over important aspects of our Triune God, Father, Son and Holy Spirit. I find Pentecost especially moving. God's wonderful gift of the Holy Spirit to guide us, support us, counsel and encourage us, is vividly described in the passage in Acts where it is bestowed on the disciples waiting in Jerusalem, as commanded by Jesus before his Ascension. We read that there was 'a sound like the rush of a violent wind,' a very powerful depiction of what to us is a natural element in nature, but which can be overwhelming when exerted to its strongest degree. But, on the other hand, the Hebrew word used here in Acts - *ruach* – also means spirit and breath, the

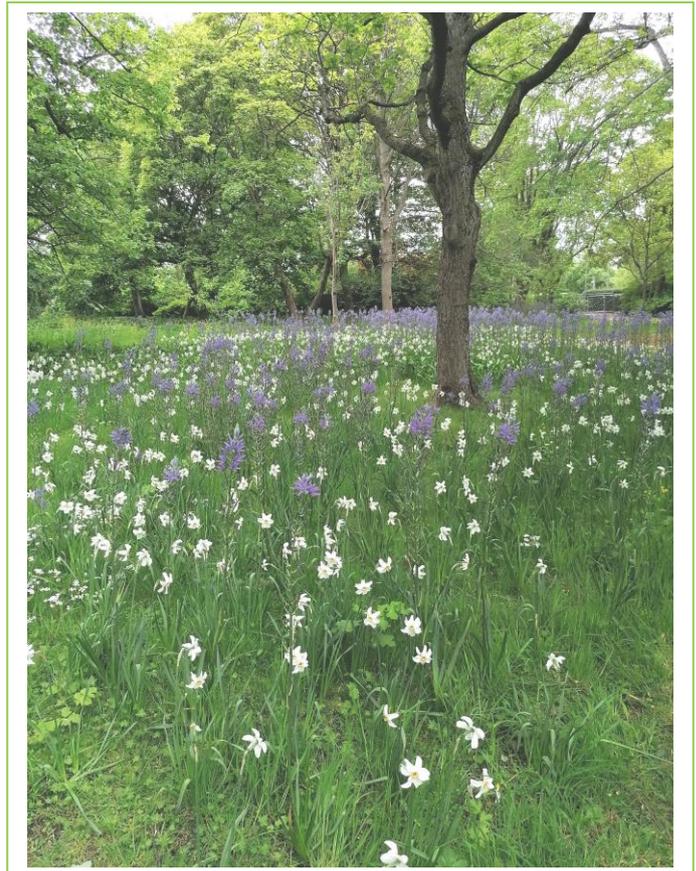
very core of existence. Without breath we wouldn't be here – it is essential to our being.

But to live as children of God, we are empowered by the divine, God given energy of the tongues of fire portrayed as resting on each of the disciples, enabling them, and now us, to be fired with an enthusiasm to reflect God's intentions for his creation in all the things we do or say, however, insignificant they may seem to us.

You know full well by now that I am a great nature lover and find much inspiration for my life in observing and reflecting on the natural elements surrounding us. So, I find great reassurance and comfort in the symbolism of God as a rock, gifting us in wind, breath and fire the power, support and ability to move forward in our fragile world, in an era full of uncertainties for each day, let alone the future. Just sitting at a window, watching the clouds chasing across the sky, or walking in the garden or a park, spotting the birds and insects passing by, or breathing in the fresh air in the woods or by the sea, these are ways that I hope **you** too can find a calmness and sense of hope washing through you, a strong sense of God, the rock, standing by you or walking with you.

With love and blessings,

Margaret.



**Our 10.30am Sunday Services
are live-streamed, and recorded
and are available to view on our
YouTube Channel anytime:**

St Cuthbert's Scottish Episcopal Church Colinton

or via the Welcome Page of our Website:

www.stcuthbertscolinton.org.uk

Live Streaming

With thanks to Colin Penny, all our 10.30am Sunday and special Services have been live streamed since March. This is proving a great asset to those who cannot attend church for a variety of reasons.

Recently two other people have learnt how to do this, so that Colin is not on duty each Sunday. Ideally, we would like more people involved – it is easier than it sounds.

So, if you would like to know more (with no obligation), please speak to Nicki.

July & August Music Notes

In the summer months, there is very little to write about in this article for the magazine. The season of Easter is but a dim and distant memory, and we are in the long run of Sundays after Pentecost, before we hit Creationtide and the run-up to our Harvest Festival at the beginning of October. It is also difficult to plan what the choir will sing at our services because choir members are taking their holidays – a real novelty for us all after a such long and enforced period of staying at home. On the subject of holidays, I am extremely grateful to Andrew Matheson for covering the three Sundays when I have been away. It is fantastic to know that the playing is going to be done by someone so familiar with the format of our services.

The outline schedule for anthems in July and August is as detailed below, but the reality is that there could be many changes during a period when choir numbers are likely to be lower than usual:

3 July	-	God be in my head (Rutter)
10 July	-	Lead me, Lord (SS Wesley)
10 July (Evensong)	-	As now the sun's declining rays (arr CV Stanford)
17 July	-	Come down, O love divine (arr WH Harris)
24 July	-	O Lord, my God (SS Wesley)
31 July	-	View me, Lord (Kathleen Robson)
7 August	-	My shepherd is Lord (Harrison Oxley)
14 August	-	Father God, we worship you (Graham Kendrick)
14 August (Evensong)	-	I will lay me down in peace (Stephenson)
21 August	-	Ave verum corpus (Elgar)
28 August	-	Blest are the pure in heart (H Walford Davies)

Philip Rossiter

**** St Cuthbert's Youth, Children & Families ****

July and August will be quiet for me. I am on holiday for two weeks and then I will be putting together the ideas and themes for the programme for youth, children and families. If you have any big thoughts of upcoming events you would like my input on or if you would like to help or run an event please get in touch!

The academic year has finished with a thriving playgroup which has a core group of 5 or 6 families as well as a further 20 families who attend occasionally. I am sure you can imagine the noise of delighted squeals, clatter of toys and those with parental responsibility happily enjoying a cup of tea, getting to know other parents and playing with their children.

The end of the playgroup will hopefully see us outside (hopefully) having a Teddy Bear's Picnic, playing some games and having lots of fun. We look forward to restarting on September 5th 10am. If you feel like you are called to try something new, please let me know if you would like to go on a rota.

Sunday School will also be taking a break until 14th August. Over the summer there will be a table set up at the back of Church with colouring activities and toys to play with.

The young people have now finished their exams and await results. I know that you will join me in praying on the 9th August 2022 for them and their friends when they get their results.

During the weeks I will be using my time to reorganise the Sunday School cupboard back to tidy state and clearing out and cleaning the toys for playgroup. If anyone fancies cleaning and tidying let me know and we can get together. I am also looking for someone with a power washer to see if I can clean some of toys up. Thanks in advance!

I pray you all have a good summer and if you are away, that you come back feeling refreshed and invigorated.

Caroline Daye

Sunday School restart date – Sunday 14th August

Playgroup restart date – Monday 5th September



Rachael Wright, the mixed mode student we have supported financially, ended her studies this year.

JUNE 2022 NEWS FROM THE SCOTTISH EPISCOPAL INSTITUTE



Rachael Wright studied on the Mixed Mode pathway and was based at the Highland Perthshire Linked Charge, Diocese of St Andrews, Dunkeld and Dunblane. She was supported in her studies by a generous grant from St Cuthbert's Colinton, Diocese of Edinburgh.

She writes:

These years of discernment and formation have been an immense privilege. They have been a time to listen, invest, explore, and experiment, under the wonderfully caring watch of staff and supervisors. Strangers became family through the shared experiences of deadlines, placements, and weekends in a monastery! Through it all, time and again, God draws you close and sends you out, inspiring and transforming you to know Them better and yourself more. Perhaps the greatest privilege is that there is not truly an end in sight because the experiences will keep coming, the growth should never stop, students and lecturers are becoming colleagues, and God is always, always faithful. I'll look back on this time with great fondness but I look forward too and with great excitement!

Rachael Wright

Thank you very much for the many cards, messages and kind words on the death of my mother. Your thoughts and prayers have been greatly appreciated at this time. All the family wish to give special thanks to Margaret, Marie and Philip & the choir for all their attention, kindness and support in helping to plan a memorable funeral.

Joan Smith

Pastoral Visiting Team

During Covid we had a wonderful telephone pastoral visiting team. We now need to re-establish a physical visiting team to ensure that all the sick and housebound are visited when they need it.

Please speak to Nicki if you can help.



Her Majesty's Platinum Jubilee, June 2022



WHAT IS THE QUEEN'S GREEN CANOPY?

The Queen's Green Canopy (QGC) is a unique tree planting initiative created to mark Her Majesty's Platinum Jubilee in 2022 which invites people from across the United Kingdom to **“Plant a Tree for the Jubilee”**.
For more details:-

<https://queensgreencanopy.org/>

**St Cuthbert's Tree,
planted on
Sunday 5 June
by Nicki,
ground and tree
prepared by Bryan**



Wednesday

10.30am

You are invited to join us
for a short service of Holy
Communion

Followed by refreshments



Service of Thanksgiving and Blessing of Pets

St. Cuthbert's Episcopal Church Garden
Westgarth Avenue

Sunday 3rd July at 3pm

Bring your families,
bring your pets and
celebrate the joy and
love we share



Please keep all pets secure

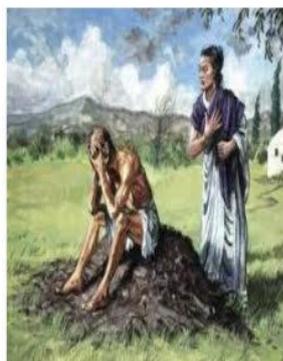
Thursday Afternoon Service

Thursday, 7th July at 2.30

Please join us for this short informal service.

The theme will be:

Sayings and Stories from the Old Testament



Everyone is welcome and we hope to see you there.

Future services:

Thursday, August 4th

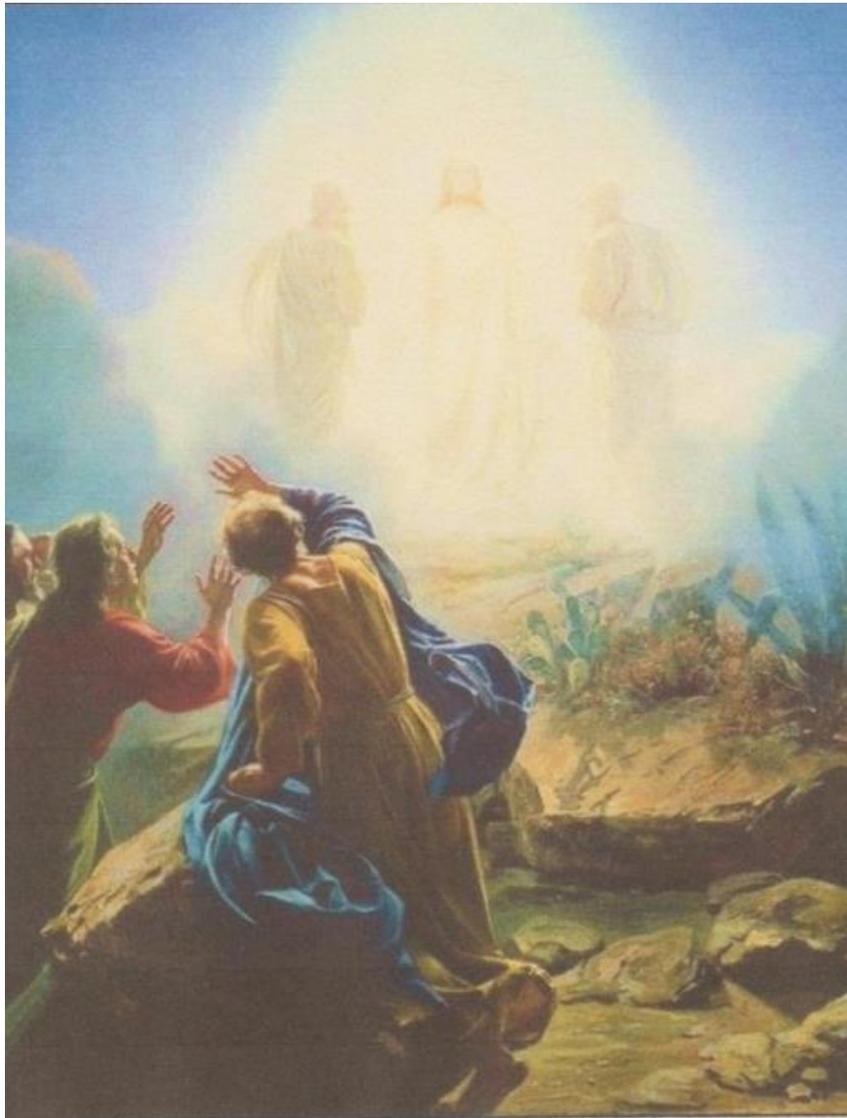
Thursday, September 1st

Refreshments will be served after the service

Thursday Afternoon Service

Please join us on 4 August at 2.30pm

The Transfiguration



*All are welcome
Refreshments will be served after the service*



READINGS FOR JULY & AUGUST 2022

Year C

Readings are taken from the NRSV
(Good News Bible on the first Sunday of the month)

3rd July – Pentecost 4

Isaiah 66. 10-14
Luke 10. 1-11, 16-20

10th July – Pentecost 5

Deuteronomy 30. 9-14
Colossians 1. 1-14
Luke 10. 25-37

17th July – Pentecost 6

Genesis 18. 1-10a
Colossians 1. 15-28
Luke 10. 38-42

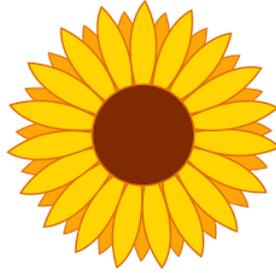
24th July – Pentecost 7

Genesis 18. 20-32
Colossians 2. 6-15
Luke 11. 1-13

31st July – Pentecost 8

Ecclesiastes 1. 2, 12-14; 2. 18-23
Colossians 3. 1-11
Luke 12. 13-21





7th August – Pentecost 9

Colossians	3. 12-17
Mark	10. 13-16

14th August – Pentecost 10

Jeremiah	23. 23-29
Hebrews	11. 29 – 12.2
Luke	12. 49-56

21st August – Pentecost 11

Isaiah	58. 9b-14
Hebrews	12. 18-29
Luke	13. 10-17

28th August – Pentecost 12

Sirach	10. 12-18
Hebrews	13. 1-8, 15-16
Luke	14. 1, 7-14

4th September – Pentecost 13

Deuteronomy	30. 15-20
Luke	14. 25-33

Please contact Caroline for further information:
Restarting on Monday 5 September.



**ST. CUTHBERT'S
PLAYGROUP**

10AM MONDAY
ST. CUTHBERT'S CHURCH
HALL
WESTGARTH AVE
COLINTON

£2 PER FAMILY

BOOKING REQUIRED
Contact Caroline Daye for more
information or to book:
youthstcuthberts@gmail.com
or 07738811416
SCOTTISH CHARITY NUMBER: SC007578

God's invitation to relationship

An introduction to
Ways of Praying

EPIPHANY GROUP

rooted in the Ignatian tradition

A short prayer course
on Zoom to support people
into a deeper prayer life
through tutors' input
guided prayer experience
& sharing

7.30-9pm Mondays
19, 26 Sept
3, 10, 17, 24 Oct

TO REGISTER
waysofpraying@epiphanygroup.org.uk

For further information, please contact Wendy.

EDINBURGH
**REFUGEE
SPONSORSHIP
CIRCLE**



WE ARE SEARCHING FOR A LANDLORD

can you help?

A key part of the resettlement process is securing the family's accommodation before they arrive.

We are ideally looking for a space with 1-3 bedrooms in the Gorgie or Dalry area, but we are open to all potential options.

If you are or know a landlord with an empty flat or house, you could help welcome the family to Edinburgh by providing a roof over their heads.

We predict the space will be needed in August 2022, but this may change.

ERSC is a charity & community group organised to sponsor vulnerable families fleeing war & persecution & helping them resettle in Edinburgh.

The landlord will receive:

Minimum 2 year lease.

Guaranteed rental income for at least 2 years.

The chance to change the life of a vulnerable refugee family.

Please get in touch if you have a space that could work:
hello@refugeesponsorshipcircle.org

Follow us on



@edinsponsorcircle
For more info
& updates

**Please note –
the deadline for information and articles for
the September 2022 issue is**

Sunday 14 August 2022

Please send to stcuthbertscolinton@gmail.com

Thank you!

Thank you again to Alice who sent the ‘image of summer’ photograph for the front page of this issue. Alice also sent these 2 photographs – roses on the pergola in Saughton Rose Garden.



More details about these
teddies in the next issue of
The Sign...!



Morning Prayer on Zoom

A small group meets each Tuesday and Thursday at 9am for a service of Morning Prayer.

After the reading, we have a short time of discussion about it and then continue in prayer.

If you would like to join us, please contact Nicki.



Social Walking Group

Last Wednesday of the month, meeting at 12 noon.

Walking between 3 – 5 miles from church, ending at The Colinton Inn for a soup lunch. Please let Nicki know if you would like to join the walk by the Monday beforehand.

Wednesday 29 June
Wednesday 31 August
(no walk in July)



CHRISTIAN AID

A huge **Thank You** to all who donated books to the Book Sale in St. Andrews and St. George's Church. Anyone who went to the Sale will have been amazed at the enormous number of books, and perhaps even more amazed if they considered the organisation involved. In the run-up to the sale people were arriving with carloads (I took 3 from Colinton, and I know there were other Colinton people doing the same thing). They all required sorting and checked by experts to spot anything special. 50 different categories of books collated into 1,700 boxes, music, ephemera – the church was full to bursting and that's before the crowds arrived!



The total stands at an amazing £109,000.

Thank You too to everyone here in Colinton who delivered envelopes, and to all who gave. About 130 envelopes were returned, a rather small fraction of the number delivered, but those who gave were very generous:

£3,500 was raised and much of that sum was GiftAided. **THANK YOU!**

During Christian Aid Week we were raising funds to provide drought-resistant



seeds to farmers in the vast swathes of land where no rain falls.

Last year Janet Zirugo received training in climate smart agriculture techniques, including the use of such seeds. The photo shows the result!

Drought starves. Intensified by the climate crisis, and the effects of war in Ukraine on global food production, it drives families into hunger. Please keep both the people of Ukraine and the people of Zimbabwe in your prayers.

Patricia Brignall patriciabriggnall@gmail.com

Dear Friends, I have received copies of the latest issue of DOCHAS ,the TLMS magazine. As always there are interesting articles about leprosy sufferers who have been helped by treatment at one of the hospitals supported by TLMS. I particularly enjoyed the story about Krishna, who had to have a 12 month course of Multi Drug Therapy at Adandaban Hospital in Nepal , followed by physiotherapy while waiting for major surgery on his left hand to reconstruct his fingers so that he can get back to work eventually. It is this sort of story which lifts the heart and makes us realise just how important our donations to TLMS are. Without ongoing funding this important work cannot be carried out.

There are other uplifting stories in the magazine as well as fundraising ideas such as joining **The Kiltwalk**. This will take place in **Edinburgh on 18th September** this year. Details of how to register for one of the 3 walks to suit different levels of ability are in the magazine. The Hunter Foundation will add 50% to everything you raise.

Thank you for the blue tubs handed in recently. I shall send another cheque for the accumulated amount after the summer but please continue to put any change you may have into your blue tub as and when you have any. Spare tubs are available on the shelf by the Font, where you will find copies of the latest DOCHAS magazine.

I hope you all have a happy summer break. Best wishes, **Barbara Tatlock**

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## **St Cuthbert's Scottish Episcopal Church**

**Westgarth Avenue, Colinton, Edinburgh EH13 0BD**

**Tel: 0131 441 7580**

**Email: [stcuthbertsrector@gmail.com](mailto:stcuthbertsrector@gmail.com)**

**Website: [www.stcuthbertscolinton.org.uk](http://www.stcuthbertscolinton.org.uk)**

### ***Services:***

#### **Wednesday:**

**10.30am          Said Eucharist**

#### **First Thursday of each month:**

**2.30pm          An informal service for all**

#### **Sunday:**

**8.30am          Said Eucharist, no sermon**

**10.30am          Sung Eucharist**

**(Family Service on the First Sunday of each month)**

Scottish Charity Number: SC007578