

THE SIGN

APRIL 2022



**ST. CUTHBERT'S
SCOTTISH EPISCOPAL CHURCH
COLINTON**

**THE SIGN
APRIL 2022**

**St Cuthbert's
Scottish Episcopal Church
Westgarth Avenue
Colinton
EDINBURGH
EH13 0BD**



St Cuthbert's endeavours to be a community in which all are encouraged to participate in worshipping God and serving the wider community. It welcomes those who are doubters and sceptics as well as those who are committed in faith, and has a concern for those who have been hurt by their experiences of life.

If you wish to receive Home Communion, please contact Revd Nicki McNelly – Tel: 0131 441 7580



Facebook: @stcuthbertscolinton



Instagram: stcuthbertscolinton



Twitter: @stcuthbertsSEC



**St Cuthbert's Scottish Episcopal Church
Colinton**

Dear Friends,

I love this time of year when the signs of hope are emerging all around us – daffodils and snowdrops, trees beginning to blossom and this week, even the sun shining. I suppose the definitive sign of spring was the clocks changing.



There is hope, as we look forward to the joy of our Lord's resurrection, but before that we have the journey to the cross and his death, hung between two common thieves. *Sorrow and love flow mingled down.*

I can't imagine the sorrow and love happening in Ukraine right now. People dying, being injured, losing homes, businesses; trying to flee from danger and getting separated from loved ones. Living in the safety of my home, surrounded by the ones I love, this situation is something I cannot comprehend. I am sure we all want to help and do what we can. There have been several organisations asking for donations of goods and money and now there are others asking for help in housing refugees. I won't tell you where to do your giving, but this charity was commended to us at Diocesan Synod in March and you may feel it is something you can help with:

<https://www.sanctuaryfoundation.org.uk>

And while we wait for the arrival of Ukrainian refugees, we are supporting refugees and asylum seekers from Syria, Afghanistan, Iran, Sudan and other places with events coming up in church

over the coming months. You can also offer support by going directly to Salaam – you will find more details later in the magazine and I am grateful to Wendy Pearson for being the catalyst in starting this ministry from our church again.

I would like to thank you all for your generosity in our Mothering Sunday appeal for Tesco gift cards for the refugees and asylum seekers still living in hotels here. This was run in conjunction with the Parish Church, and I will let you know the final amount when I have met with Rolf. And please don't forget the Bishop's Lent Appeal – The Welcoming – another charity working with over 1200 people from 81 countries.

So much sorrow in our world, so let's not forget how to love and how to show that love in whatever way we can.

You will find details of services for Holy Week and Easter later and there is a notification of the latest changes in the covid restrictions. While things are changing, remember that some are still struggling and fearful. Please respect personal space and choices by individuals.

I truly hope to see as many of you as possible for the greatest celebration of the year, when we will shout together:

'Alleluia, Christ is risen; He is risen indeed, Alleluia!'

With love and blessings.

Nicki



Covid Regulations Update

Further to government changes, and notification from the SEC that each church can now make its own decisions following a risk assessment, at the vestry meeting in March, the following was agreed upon:

With effect from April 3rd, when receiving Communion, the wafer will be dipped into the wine by the person leading the Eucharist, before passing it to you. If you would prefer to receive the wafer only, with no wine, please let the worship leader know when you come to the altar rail.

The choir is allowed to sing without masks (but may choose not to). The screens will remain in place.

We continue to use hand gel when entering and leaving church and when coming to the altar.

Face masks are still mandatory unless you are exempt, **including** when moving around in the hall during coffee.

We will continue to record who attends service for notification purposes.

As Covid-19 case numbers continue to increase, we would kindly request that you take a lateral flow test before attending services.

If at any time you test positive and have been to church, please notify Marie to enable the notification process to happen.

Thank you.

Services are Live!



We now have the facility to live stream our services, and the 10.30am service each Sunday is available through our website.

To continue to do this we need people to learn how to set up the cameras and control them during the service and switch them off at the end.

SCOTTISH CHARITY NUMBER
SC007578



FIND US ON SOCIAL MEDIA

@stcuthbertscolinton.org.uk

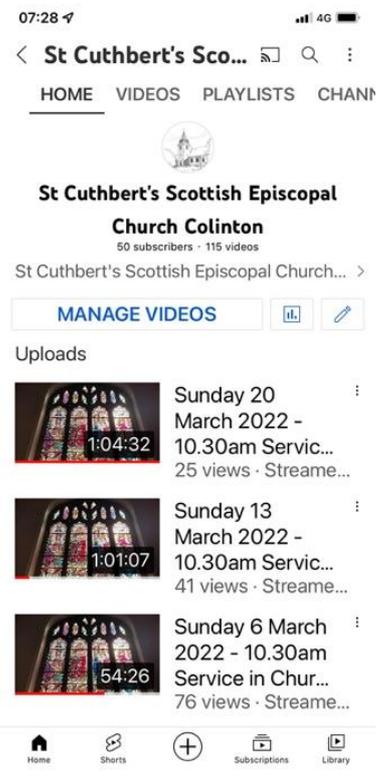
This is easier than it sounds.

Currently we are grateful to Colin Penny, who is kindly doing this for us each Sunday. He is happy to teach you and, hopefully, we will be able to share the responsibility.

Please speak to me if you think you can help continue this service to those who are unable to attend church.

Many thanks.

Nicki



Our Website link is:-
www.stcuthbertscolinton.org.uk

The Sanctuary Project

Further to my update in February, I want to assure you that work has not stopped on this project. Following a very useful visit with Alex Stewart, who is Chair of the Diocesan Buildings Committee, it was decided to submit a Pre-Canon 35, as it is such a big project. By doing this we will be given advice about anything that may be problematic further down the line.

In the meantime, our architect has also submitted an application for buildings permission for one part of the project. Pre-covid, she tells me that she would have called for advice, but the department no longer does that, so applying is the best way to get an idea of any potential issues. I'm happy to say that the permission has been granted and it was also briefly discussed at the Colinton Community Council meeting in March, where no objections or concerns were raised.

However, this does not mean it is going ahead UNTIL we have had our own congregational consultation.

We plan to hold a congregational meeting with the architect on

25th April at 6.30pm in church

when the drawings will be shown and explained and any questions answered before everything is put on display for the month-long congregational consultation, as needed for a Canon 35 application.

I hope you are able to attend.

Nicki

Bishop's Lent Appeal 2022



- The Welcoming supports refugees, asylum seekers and migrants to feel at home in Edinburgh. We support New Scots to learn English, secure employment and access local services, offering opportunities for friendship, health and wellbeing, and sustainable living. We also connect locals and New Scots through social and cultural exchanges, and a thriving volunteering programme.
- Our vision is of a diverse and inclusive Scotland, where everyone feels welcome and can achieve their potential. We have a twenty-year legacy of supporting new arrivals in Scotland. Our free English classes, friendship groups, one-to-one befriending service, and employability support are vital for many New Scots who face the challenge of building lives in a new country.
- We are asking for your donation so that we can continue providing our support to New Scots in Edinburgh. You can help make your Edinburgh a more welcoming place for refugees and migrants.

www.thewelcoming.org

Any donation would be gratefully accepted – details on how to donate are in the pew notices and on our website – or contact Marie for further details. Thank you.

April News from the NSM

As I write in mid-March, the light is lengthening, spring bulbs are gradually appearing, some already in full bloom, others just peeping through, birdsong is becoming more frequent and beautiful, and we start to dream of the hope that Easter brings. It is the wonderful hope that fuels the Christian's journey through Lent, as we prepare our hearts and minds for the salvation which our Lord and Saviour Jesus Christ brings. It's the hope that one day God's kingdom of love, peace and justice **will** come to reign on earth.



It's a hope set against an all too close background of evil being perpetrated, as we hear daily of the atrocities taking place in the Ukraine, with the Russian war engine increasing its attacks. It's a hope set against other evils still occurring across the world, though sidelined by media attention due to more recent and pressing horrors. It's a hope set against the fact that Covid is still with us, two years on, though mitigated by the less lethal nature of the latest strain and the ability to start to lead more normal lives.

And indeed **that** hope is reflected in all the efforts so many people are undertaking to bring help to the suffering Ukrainians, by sending food, clothing and medical supplies, and by nearby countries taking in the vast stream of refugees. It's reflected in the condemnation by worldwide governments of such heinous atrocities inflicted on the suffering people.

Last month I talked of reaching out to others or offering forgiveness for hurts received as a way of journeying through Lent, a way of sharing Jesus' wilderness experience by avoiding self-indulgence and

destructive emotions such as bitterness and anger. So, one of our ways of reaching out has been the chance to donate money or goods to those administering aid to the suffering Ukrainians.

But looking closer to home, we continue to offer fellowship and prayerful worship to those we know who are feeling isolated and anxious due to the pandemic or the loss of loved ones. Refreshments after services have resumed, Nicki has told us of ideas she and the vestry have put together to reach out in a more social way, and our monthly Thursday services continue to offer reflective worship and fellowship. At the beginning of March, twenty-six of us looked at Jesus' wilderness journey, then shared tea, biscuits and conversation afterwards in the hall, mixing at table with others we didn't know, both from within our own congregation and with members of

St. Fillan's. And, currently, Joan, Caroline and I are looking forward to sharing a Journey to the Cross with you on the first Thursday of April.

So, as we continue our Lent journey, reaching out in love, compassion, forgiveness and above all, prayer, may we feel the stirrings of that hope which the joy and salvation of the resurrection brings us on Easter Day. *With love and blessings, Margaret.*



Thursday Afternoon Service

Thursday, 7th April at 2.30

Please join us for this short informal service.

The theme will be '**Journey to the Cross**'



Everyone is welcome and we hope to see you there.

Future services:

Thursday, May 5th

Thursday, June 2nd

Refreshments will be served after the service.

April Music Notes

Assuming that everything goes according to plan, the next stage in the return to normality in St Cuthbert's is the reinstatement of a monthly evening service over the summer months. These are planned to take place as follows:

- Sunday 8 May at 6pm - Songs of Praise
(please see below regarding requests)
- Sunday 12 June at 6pm - Evensong
- Sunday 10 July at 6pm - Evensong
- Sunday 14 August at 6pm - Evensong
- Sunday 2 October at 6pm - Harvest Songs of Praise / Evensong

We would like to invite members of the congregation to submit hymn requests for the **Songs of Praise on 8 May**. This Sunday falls within the Easter season, so hymns can be chosen to reflect that liturgical season, but need not be. We invite you to pick a favourite hymn, because of the words and / or the music, or one which is of particular significance to you. Hymns can also reflect the fact that, hopefully, we will be continuing to emerge from the pandemic which has affected all our lives.

We hope that those who select a hymn will be happy to say something brief about the reasons for their choice, or to put them in writing so that they can be read out in the service. Please send your requests to me by email (philipkrossiter59@gmail.com) or hand to me on paper at a service by **Sunday 24 April at the latest**. We will look to do something similar at Harvest Festival within the framework of Evensong.

In addition to making a significant contribution to Holy Week services, in the month of April, the choir plans to sing the following anthems at our Sunday Eucharists:

- 3 April - O Saviour of the World (John Goss)
- 10 April - The people of the Hebrews (attributed to Palestrina)
- 17 April - This joyful Eastertide (arr Charles Wood)
Jesus Christ is risen today
- 24 April - Now the green blade riseth

Philip Rossiter

St Cuthbert's Youth

March has been a busy month. I have very much been enjoying waking up to some of the sunny skies we are now experiencing. It was great wandering around the Church garden – Innes and I were watching a wasp and other insects who have been making a home of our bee hotel.

The Sunday School have been using some of their new Godly Play materials which has been awesome. It has been great to wonder with them about their understanding of some of the stories in the Bible.

Our playgroup now has 10 families registered and we are getting more interest every week. It is lovely getting to know them and providing a space to enjoy and relax playing with so many different toys that we have. If anyone would like to come along and get to know some the families that have been attending or help out in any way, please come and speak to me! In April we are running an Eggcellent Adventure which will be a family event with crafts, the Easter story, games and maybe even an Easter Egg Hunt.

If you would like to help, please let me know.

Caroline





HOLY WEEK

**Monday 11th, Tuesday 12th
& Wednesday 13th April**
6pm - Compline on Zoom

Tuesday 12th & Thursday 14th April
9am – Morning Prayer on Zoom

Maundy Thursday 14th April
6pm - Sung Eucharist & Washing of Feet

Good Friday

Noon – 2pm

Readings, reflections & music
(Come and go as you please)

2pm – Liturgy of the Good Friday Sacrament

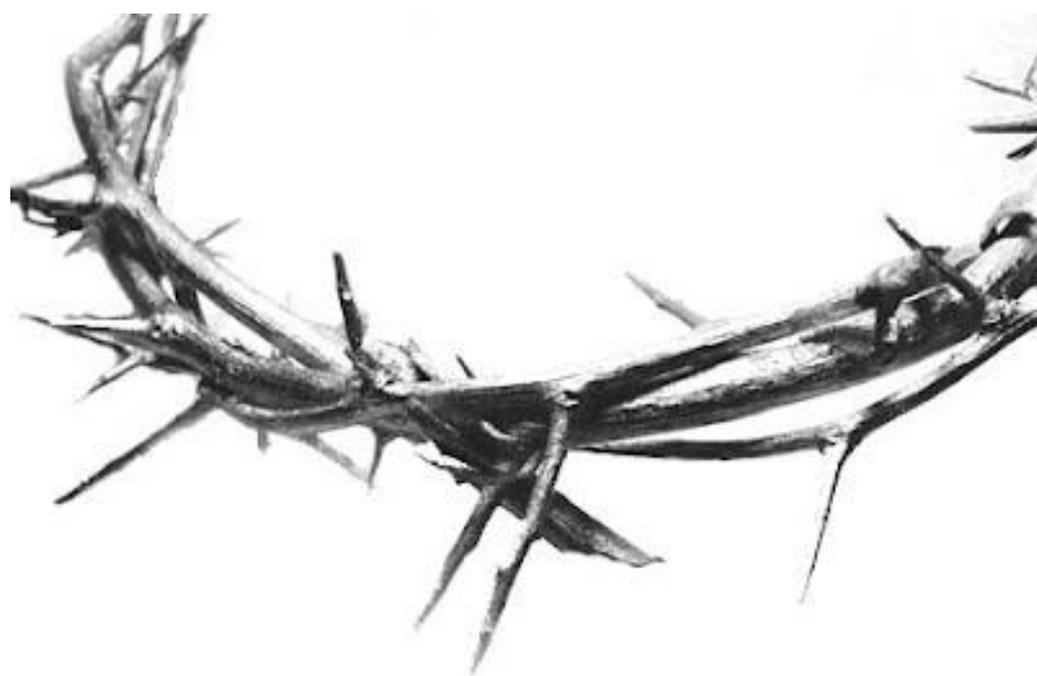


14th April 2022

6.00pm

**Sung Eucharist
and
Washing of Feet**





Good Friday Vigil

Noon – 2pm

Readings, reflections & music
(Come and go as you please)

2pm

Liturgy of the Good Friday Sacrament
with the choir



Eggcellent Adventure

Saturday 16th April
10am-1130am

**CELEBRATE EASTER AT ST CUTHBERT'S WITH
FUN, GAMES, CRAFTS, HOME BAKING AND
STORIES!**

**CONTACT CAROLINE DAYE FOR MORE
INFORMATION OR TO BOOK A PLACE ON
07738811416 OR**

YOUTHSTCUTHBERTS@GMAIL.COM

ST. CUTHBERT'S SCOTTISH EPISCOPAL CHURCH SC007578



Church Spring Clean

Saturday 16th April at 2pm

It's that time of year again, where aprons, feather dusters and polish are brought to church for our annual get together to clean.

If you are able to join me, I would be most grateful for your help.

If you are not able to do any physical work but would be happy to serve refreshments or give encouragement you would be most welcome too.

Let's get our church ready for the risen Lord!



Easter Day Service of Light

7am

Followed by croissants

*Christ
is
Risen!*

Please let Nicki know if you are planning to attend to
make sure there is enough food.

Easter Day, April 17th

7am – Service of Light
(Followed by croissants)

8.30am – Said Eucharist

10.30am – Sung Eucharist
(Followed by Prosecco)



READINGS FOR APRIL 2022

Year C

Readings are taken from the NRSV
(Good News Bible on the first Sunday of the month)

3rd April – Passion Sunday

Isaiah 43. 16-21
John 12. 1-8

10th April – Palm Sunday

Liturgy of the Palms	Luke	19. 28-40
Liturgy of the Passion	Isaiah	50. 4-9a
	Philippians	2. 5-11
	Luke	22. 14-23, 56

14th April – Maundy Thursday

Exodus 12. 1-4, 11-14
1 Corinthians 11. 23-26
John 13. 1-17, 31b-35

17th April – Easter Day

Acts 10. 34-43
1 Corinthians 15. 19-26
John 20. 1-18

24th April – Second Sunday of Easter

Acts 5. 27-32
Revelation 1. 4-8
John 20. 19-31

1st May – Third Sunday of Easter

Acts 9. 1-6
John 21. 1-19

Wednesday

10.30am

You are invited to join us
for a short service of Holy
Communion

Followed by refreshments



Brew & Bingo



*Come and enjoy Afternoon Tea and have
some fun playing Bingo*

Saturday 30th April

3.00pm – 5.00pm

**At St Cuthbert's Episcopal Church Hall
Westgarth Avenue**

Tickets £10

In aid of church funds

Booking required contact

philipkrossiter59@gmail.com

St Cuthbert's Scottish Episcopal Church SC007578

Welcoming Refugees and asylum seekers in Edinburgh

Monday 18th April,
2-5pm at St Cuthbert's Church Hall

Welcoming Afghan families

In partnership with Saalam, Edinburgh City Missions' outreach to refugees and asylum seekers, we are offering hospitality to some Afghan families. These people arrived in Edinburgh last autumn but are still waiting to be found more permanent accommodation and until then are resident in hotels. We hope to be able to enable the families to discover the fun of Spylaw Park and return to our premises for food and refreshments.

We need volunteers to help with various things: face painting; knitting; providing teas, coffees, preparing fruit etc; escorting folk down to the park and back; joining in games and activities. If the weather is poor, we will be entertaining inside and help with games and crafts will be needed.

This is a great privilege for us to be involved in walking alongside families who have been displaced. A planning meeting will be organised in early April.

Please contact Wendy Pearson to find out more and to offer your help.

New Scots social event at St Cuthbert's Church Hall
Welcoming settled refugee families
Saturday 25th June

In partnership with the Weekend Club, we have the opportunity to offer welcome and hospitality, as we have on a couple of other very special occasions, to settled families from Afghanistan, Syria, Iran, Sudan and other places.

Again we are looking for volunteers to help - prepare fruit, refreshments; escort families to Spylaw park and back; face painters; somebody able to lead rounders, or other fun games; friendly faces just to be present and welcome people. If the weather is poor, we will be entertaining inside and help with games would be great. As there are families coming it would be especially helpful if one or two men were able to attend.

Please contact Wendy Pearson to find out more and offer your help.



Welcoming Afghan Women

If you are interested in supporting women to practice speaking English there are opportunities every Thursday morning, 10-11.30am. at Charlotte Chapel, West End of Princes Street. This is an informal social time, near the hotel where the women are staying - craft activities, refreshments and the option for accompanying some women to explore local parks in nice weather.

Contact: Megan Douglas at Saalam
megan@edinburghcitymission.org.uk

If you would like to share your 'news' with the congregation, to be printed in the pew notices, and appear on our Website, please just email:

stcuthbertscolinton@gmail.com

or telephone: 07305 911986

**Thank you to
George Bungay
who has kindly
offered to step
into the role of
People's Warden
here at
St Cuthbert's.**

Morning Prayer on Zoom

A small group meets each Tuesday and Thursday at 9am for a service of Morning Prayer. After the reading, we have a short time of discussion about it and then continue in prayer.

If you would like to join us,
Please contact Nicki.



Social Walking Group

Last Wednesday of the month at 11.30am
(next one Wednesday 30th March)

Walking between 3 – 5 miles from church, ending at The Colinton Inn for a soup lunch. Please let Nicki know if you would like to join the walk by the Monday beforehand.

Future dates: 27 April, 25 May, 29 June

St Cuthbert's Church Hall:

We are delighted to welcome our new hall users this month—**Progress Fitness (Yoga)** returned and a new Friday morning **'Zumba'** class started. We look forward to welcoming more new groups this month. Further details on our hall groups and activities are available from Marie. NOTE:- St Cuthbert's Church Hall will once again be used as a polling station on Thursday 5 May.

St. Cuthbert's Badminton Club:

Once called the 'Senior' Badminton Club, to identify it from that run by the Youth Fellowship, the club is back up and functioning. We meet to play on Monday evenings at 8pm in the Church Hall. In existence from about 1946, the club is non-competitive and open to those over 18. We currently have vacancies for new members. For more details, contact Barry Tatlock (444 2919) or Archie Clark (449 4703).

Archie Clark

Pastoral Visiting:

If you would like to continue being a pastoral visitor, or join the team, please contact Nicki if you have not already done so. Thank you.



Private Prayer:

**The church will be open Monday - Thursday
for private prayer / reflection.**

9am - 1pm, from Monday April 4th 2022

EDINBURGH
**REFUGEE
SPONSORSHIP
CIRCLE**



WE ARE SEARCHING FOR A LANDLORD

can you help?

A key part of the resettlement process is securing the family's accommodation before they arrive.

We are ideally looking for a space with 1-3 bedrooms in the Gorgie or Dalry area, but we are open to all potential options.

If you are or know a landlord with an empty flat or house, you could help welcome the family to Edinburgh by providing a roof over their heads.

We predict the space will be needed in August 2022, but this may change.

Follow us on

@edinsponsorcircle
For more info
& updates

ERSC is a charity & community group organised to sponsor vulnerable families fleeing war & persecution & helping them resettle in Edinburgh.

The landlord will receive:

Minimum 2 year lease.

Guaranteed rental income for at least 2 years.

The chance to change the life of a vulnerable refugee family.

Please get in touch if you have a space that could work:
hello@refugeesponsorshipcircle.org

THE LEPROSY MISSION SCOTLAND

Dear Friends,

I hope you enjoyed reading about
THE GREATER HEIGHTS PROJECT which I wrote about in the last
magazine.



Now there are copies of the latest DOCHAS magazine on the shelf at the back of the church. Please pick one up when you are next in church. As always there are touching stories about children who are diagnosed with leprosy but also about their care at one of the hospitals our donations support.

I am still collecting Blue Tubs and donations; so please continue to either hand them in to me at church or let me know if you want me to collect them from you. I shall send the accumulated amount to TLMS at the end of March/ early April.

Many thanks for your loyal support of TLMS.

Barbara Tatlock

leprosymission.scot

MAKE LEPROSY A THING OF THE PAST



CHRISTIAN AID

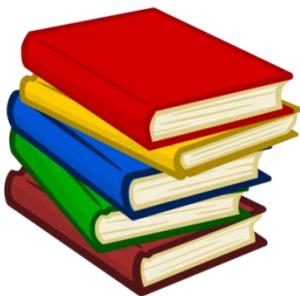
We had a most enjoyable Quiz Night on Zoom a couple of weeks ago. There were 7 teams with a total of 49 people, most of whom were in Edinburgh, some in England and two in Chicago - Kate (Addison) and Gabriel! Many thanks as always to our wonderful Quiz Setters, Graham and John, who every year come up with something new to tease our brains, and to Marie whose amazing computer skills kept us all in the correct 'rooms' at the right time!

Christian Aid Week is fast approaching 15 May – 21 May. As last year, we will not be knocking **on** doors, but we will be putting envelopes **through** doors.

I would greatly appreciate any offers of help with distribution!

Also in Christian Aid Week is the annual book sale at St Andrew's and St George's Church in George St. If you haven't been before, it's worth a visit, and they do very good coffee in the Undercroft.

BOOK SALE with COLLECTABLES



**St Andrew's and St George's West Church,
George Street**

Saturday 14th May & Monday 16th – Friday 20 May

WANTED:

Books of every kind;

Paintings Drawings, Prints;

Antiques Collectables, Linen; **Printed Ephemera** sporting, theatrical, playing cards, maps, travel and tourist (especially vintage), Scottish etc;

Sheet Music

Records CDs, DVDs

Stamps & Postcards

Games & Jigsaws



Items may be brought to **St Andrew's and St George's**
Monday 2 May – Wednesday 11 May (NOT Sunday 8 May) 9am – 9pm
(Sat 7 May 9am – 5pm) or to me at **9 Thorburn Road**. To arrange a time,
please phone 441 1184 or email me patriciabriggnall@gmail.com

Patricia

**Please note –
the deadline for information and articles for
the May 2022 issue is**

Sunday 10 April 2022

Please send to stcuthbertscolinton@gmail.com

Thank you!

Monday Mornings Need YOU!

You are invited to become a volunteer at St Cuthbert's Playgroup on Monday mornings. What better way to start your week? You will come away feeling exercised from sitting and rising from chair seats ridiculously close to the ground; enthused by youthful energy and most of all having had fun.

A few months ago, Caroline, our children and young people's worker, put out a request for volunteer helpers for the Playgroup she was starting on Monday mornings. Immediately I felt drawn to this opportunity and recalled how, when my two oldest children were aged one and three, I had volunteered to help out at a similar new venture at the local church in Coventry where we lived. An attraction then was that being a volunteer would benefit me by being able to bring the children with me, and them, by being able to engage with other little ones. That was back in the 1970s when the Maclaren buggy was in its infancy and bell bottoms, tank tops and wedges were de rigueur.

Now, of course I am at the other end of the age spectrum, and it as if serendipity has brought me full circle. Although the attraction of being a volunteer now is different from then, the benefits, which include the joy of being with young families, are similar. Caroline is so relaxed and welcoming to all and has embarked on this new venture with such energy that fully deserves our support and commitment ... by the way I do still wear wedges on occasion, but very carefully.

Margaret Temple



St Cuthbert's Scottish Episcopal Church

Westgarth Avenue, Colinton, Edinburgh EH13 0BD

Tel: 0131 441 7580

Email: stcuthbertsrector@gmail.com

Website: www.stcuthbertscolinton.org.uk

Services:

Wednesday:

10.30am Said Eucharist

First Thursday of each month:

2.30pm An informal service for all

Sunday:

8.30am Said Eucharist, no sermon

10.30am Sung Eucharist

(Family Service on the First Sunday of each month)

Scottish Charity Number: SC007578