

THE SIGN

NOVEMBER 2022



**ST. CUTHBERT'S
SCOTTISH EPISCOPAL CHURCH
COLINTON**

THE SIGN

November 2022

St Cuthbert's
Scottish Episcopal Church
Westgarth Avenue
Colinton
EDINBURGH
EH13 0BD



St Cuthbert's endeavours to be a community in which all are encouraged to participate in worshipping God and serving the wider community. It welcomes those who are doubters and sceptics as well as those who are committed in faith, and has a concern for those who have been hurt by their experiences of life.

If you wish to receive Home Communion, please contact Revd Nicki McNelly – Tel: 0131 441 7580



Facebook: @stcuthbertscolinton



Instagram: stcuthbertscolinton



Twitter: @stcuthbertsSEC



**St Cuthbert's Scottish Episcopal Church
Colinton**

Front Page Photo – Autumn Moon

Dear Friends,

Last month, Revd Margaret spoke about how quickly time passes when you get older and how right she is. October already, Christmas things in the supermarkets and we've not even had our season of remembering with All Saints, All Souls and Remembrance Sunday. I am grateful to Revd Margaret who will take the All Souls service on Wednesday 2nd November, as I am away on a study day. If you want anyone remembered at this service, please remember to print their name on the form at the back of church.



I will also be away November 7th – 10th with Revd Lesley at the Clergy Conference at Pitlochry. This is a good time of refreshment, sharing of ideas and learning with other stipendiary clergy from our diocese. It is also a beautiful place to be at this time of year, as the seasons and colours change.

In October I re-established a Pastoral Visiting Team and am very grateful to all the volunteers who offered to become a part of that group. This is a valuable ministry, especially for those who live alone, in homes or are ill. If this is something you feel called to do and would like to join the team, please get in touch. To visit as a representative of the church, you must have a PVG for St. Cuthbert's.

In the new year, I would like to re-establish our team of Servers and Ministers of the Word. If you have done this in the past and would like to again, or feel called to this ministry

but haven't done it before, please let me know and I will be arranging training closer to the time.

To celebrate our returning to normal, I will be planning a service of thanksgiving for Lay Ministry (of all descriptions), hopefully before Easter 2023.

As I said last month, the Kilt Walk raised £1500 and The Hunter Foundation added another 50% to this, making it £2250. That was only two people participating. Maybe next year we could have a bigger team of St. Cuthbert's Pilgrims taking part to try and raise even more money for the church. You don't have to walk 23 miles, there are also choices of 13 and 4 miles. You have plenty of time to train! Please think seriously about this and any other fundraising ideas to help meet the running costs of our church.

I'm pleased to say that Sarah and Bill arrived safely at their new home and are enjoying the company of their grandchildren.



With love and blessings.

Nicki



The Sanctuary Project Update



An encouraging first step has been taken in the progress towards taking out the pipe organ prior to the installation of our new organ with the removal of asbestos, which has now been completed. It is hoped that the old pipe organ will be removed in mid January.

As the project will, over time, involve considerable work and different contractors, the Vestry has been discussing the appointment of a project manager who will oversee this work, liaising with the architect and the Vestry, on a flexible basis, at each distinct phase of the development. Plans for this are being finalised, with the intention to have this short-term appointment made before the work begins on the removal of the old organ. Further details of this post will be publicised when all details of it have been decided.

There has also been some progress made on the refurbishment of the kitchen. Those who use the kitchen have been consulted and their concerns and wishes have been noted. A most helpful advisory meeting has been held with Environmental Health and the Architect to ensure that any development would be acceptable given the proposed use of this space. We now await more detailed plans and look forward to being able to submit these plans for consideration by the Diocesan Building Committee.

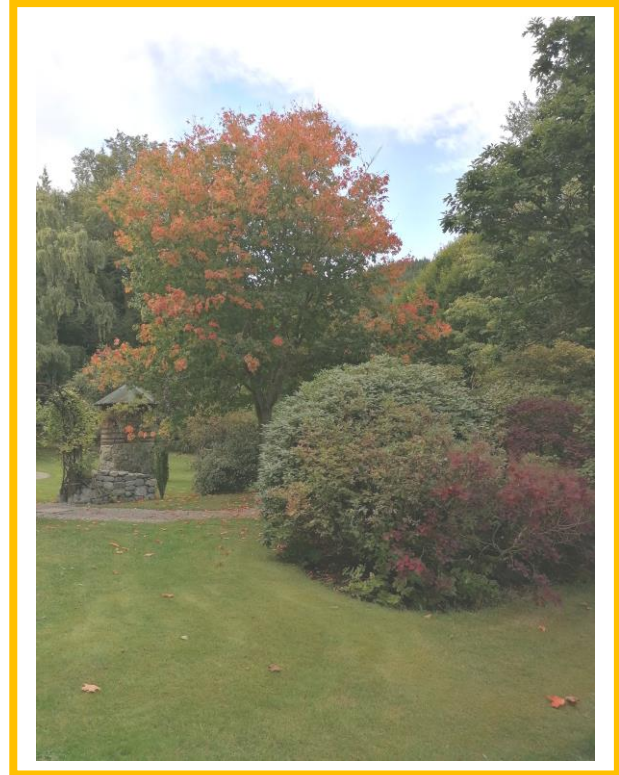
News from the NSM

As the days grow shorter and the temperature chillier, I find myself looking back with pleasure at the opportunities for travel I was privileged to enjoy this summer. I look with delight at photos I took, each one bringing a memory not just of the building, landscape, people or creatures featured on the picture, but of the actual experience at the time – the conversations, the scents and the sounds, the emotional reactions of myself and others.

Memories, not always good, help to build the person each one of us is today. These memories can't be taken away from us and they are unique to each individual. They affect how we view the happenings of each day, although often we are unaware of this. However, as Christians we shouldn't get bogged down in memories of unhappiness, stress or disaster, but remember that God is always walking with us, helping us to move forward, guiding us and supporting us. When our memories are happy, full of times of fulfillment and joy, either for ourselves or family and friends, again we may hear God urging us to give thanks and to utilize these memories as pointers to the future.

So, remembering that God is our constant companion, how do we best use our memories as we face the good and bad times today? Currently I am disturbed by a new phase of suffering for my daughter with MS in Ayrshire, so God's Holy Spirit within me is saying, keep praying, offer as much support as you can, remembering that you have precious memories of her as a child, and a young mother, memories she also has. We are so fortunate as Christians to have God to turn to, to pray to for comfort and support for ourselves and those we love who are in trouble.

Turning to happy memories: well, on a much lighter note, my increasing love for the natural world, given impetus by the pandemic, when the garden and the nearby woods brought much needed pleasure and interest, means I am carrying around images of amazing wildlife I saw this summer. I recall the thrill of the humpback whales breaching so close to our boat in Iceland, and the amazing birds seen at Aigas in September, the white-tailed eagle, the golden eagles, the greater spotted woodpecker and so many more. But the thrill of these sightings is carried forward into the joy of watching a thriving family of greenfinches demolishing vast quantities of the bird seed we put out, and the excitement of seeing the leaves on the trees turning such wonderful colours as they die and fall from the branches.



Yes, this month of November is indeed a season of remembering, our own personal memories being brought to mind as we celebrate firstly All Saints and All Souls, followed soon afterwards by the solemn ceremony of Remembrance Sunday. May we recall with thanksgiving all those who have passed on to the heavenly kingdom, those known to us and those unknown, and may our own personal memories of people who have been dear to us or of influence in our lives remind us that they have helped to shape the individuals we are today.

With love and blessings,

Margaret.



Thursday Afternoon Service

Thursday, 3rd November at 2.30pm

Please join us for this short informal service.

The theme will be:



Refreshments will be served after the service

Everyone is welcome and we hope to see you there.

Future services:

Thursday, December 1st

Thursday, January 5th

November Music Notes

The start of October was marked for the choir by the music which it contributed to the Harvest Festival morning service and the evening service of thanksgiving for the life of HM Queen Elizabeth II. The latter was a change from the planned choral evensong for Harvest, and drew a good congregation. I am most grateful to choir members for the strong contribution which they made to both of these services.

We now start to plan for the start of the new liturgical year. Our preparations for the Advent Carol Service, which takes place on the final Sunday of the month, with several seasonal contributions from the choir, have already started, and in the course of the month, we will be starting to rehearse music for the Service of Nine Lessons and Carols, which this year takes place on the evening of Sunday 18 December. We hope that these services will attract good congregations, and, as ever, I will be pleased to hear from any singers who are willing to bolster our ranks for these special services – this help is increasingly needed.

We are now starting to print Sunday anthems and concluding organ voluntaries on the weekly pew sheet, although it is possible that last minute changes will have to be made. The anthems planned for November are as follows:

- 6 November- Thee, living Christ, our eyes behold (JS Bach)
- 13 November (Remembrance) - God be in my head (Rutter)
- 20 November- Proclaim the story (Charpentier)
- 27 November, 10.30am - A Tender Shoot (Goldschmidt)
- 27 November, 6pm - selection of Advent carols

Philip Rossiter

VESTRY REPORT - September 2022

- The yearly charity donations have now been made.
- Martin had circulated income and expenditure summaries as estimated Budgets for the next three years to Vestry, by email.
- Vestry reconsidered some of the wording of the Vestry statement for the end of year accounts and changes were suggested as Vestry wants to be proactive in dealing with the existing and forecast yearly deficit.
- Martin has mentioned that Vestry could get an external consultant to look at our financial situation and give advice. We are going to investigate if the Diocesan Treasury can provide or recommend a consultant.
- It was suggested that the current costs of running the church are made more visible to the congregation by having these on a notice board.
- The suggestion of placing well labelled collection boxes in the church and hall for donations was agreed and the possibility of a QR code on a poster as a means for visitors to donate is to be investigated.
- A thank you letter from CHAS to thank St Cuthbert's for their donation of £1000, was received and acknowledged.
- Iain provided vestry with a spreadsheet summarising the work completed, required, planned and in progress with cost estimates. The stonemason commenced work on the 22nd August. Water pours in through the Rectory Cupola during heavy rain. A quote has been approved. The rectory windows need a snagging visit and the rectory gate has been repaired. The church entrance hand rail is awaiting a start date. The standing water issue in the boiler room is still under investigation. Three items were put forward to be halted as not considered essential : i) extending the pulpit steps - halt confirmed; ii) replacement of external floodlights- Vestry requested a quote before deciding as the better efficiency of new lights may balance the cost, and iii) Woodwork on the rectory kitchen wall- Vestry requested a quote to replace the wooden panels with plaster. Work has begun to isolate the electricity to the old organ so that asbestos can be removed.
- Sanctuary project: The latest Sanctuary project report has the first phase of installing the new organ under the show pipes, taking place in January 2023, and also raises the issue of whether we shall need external professional support. Vestry agreed that a project manager would be needed on a flexible part-time basis from January and that a variety of contacts will be used to obtain appropriate information so that the Sanctuary project committee and others can write a suitable job description and advertise the post as soon as possible. It was noted that

the project does not set out to make money necessarily but aims to have greater breadth and width of use by the community. Post Covid peoples worship patterns have changed and this is a challenge for all clergy and churches and we will need to adapt. Vestry welcomes ideas from the congregation. Hilary commented that communication with the congregation needs to be improved. A list of current church and hall users showing the throughput of people will be displayed on noticeboards. There will be an update on hall use at the AGM.

- Kitchen- Nick had circulated to Vestry the 1976 and 2007 plan of the kitchen area as he was concerned that work surface space was lost in the kitchen at this time and wanted this to be held in mind when going forward with future changes. Vestry decided it was likely that they would want to be able to do food preparation as might some hall users, where as at the moment we are only allowed to do tea preparation. Vestry is looking at the potential for this upgrade and there is an upcoming meeting with users, Environmental Health and the Architects. Hilary to liaise with Margaret Holmes and team.
- Nicki asked for the responses from the public to questions she set us to ask. Most people knew about the church at the end of Westgarth Avenue but some did not know the denomination. Suggestions included a list of church and hall activities visible on the internal and external noticeboards with contact details; and a coffee machine in the waiting area.
- George has been meeting male carers from the congregation and will continue to pursue this.
- The new Thursday afternoon tea and cake activity will be called 'Community Corner' and will start on the third Thursday in October. Jean offered to produce an identifiable Logo and Marie will organise advertisement via posters in the village, cottage homes and leaflet drop.
- The Bible at the Inn activity is to start in January.
- Martin has asked if we can reduce the time that our floodlights are on. As they are switched on by light sensor it is the off time that could be brought forward. Vestry thought the time could be reduced by a small amount but Nick said he can check the serial number of the bulbs to find the amount and cost of electricity used and vestry agreed that this should be done first. Vestry requests that the cost of turning the old lamp into a security light be looked into.
- Nicki requested permission to get a quote for an outside plug for the tree lights at Christmas. This will require Canon 35. Vestry agreed.

- Midnight Mass was discussed and Nicki and Vestry decided that there would be Midnight Mass this year and numbers will be observed. Nicki gave Vestry the dates of Christmas services.
- AGM: George will be officially elected as Peoples Warden.
- Margaret asked for an area Council Meeting. Nicki will discuss dates.
- To be mindful of costs, after the AGM, Vestry meetings will be on Thursdays as the heating will have already been on for the afternoon service.
- Hilary raised a concern that our donation to RedHall gardens had to be sent via SAMH and she is worried that the money won't be sent on. This is to be followed up.
- Hilary also asked why we were not at Art in The Park. We have been in the past and it was considered not a good use of time but will consider with a specific activity eg for children for next year.

The full minutes are available from the Vestry Secretary. An electronic version can be requested by email, contact: julia.roberts01@btinternet.com

**** St Cuthbert's Youth, Children & Families ****

October has been a busy month getting ready for the Hallowe'en Light Party. We have had a lot of interest and sadly I have had to turn some people away as we are full! We have some great material from Scripture Union and you can watch the video we are playing the event here: <https://content.scriptureunion.org.uk/resource/jesus-light-animation> We also have a wee booklet to give away to each family.

The Sunday School have been very busy during Creationtide. This year we have been focusing on the four elements of earth, fire, wind and air. The children have produced some amazing artwork to go up in the hall too once it is all finished! We have had some wonderful and

insightful conversations with the children with their take on the environment and our role as Christians in this.

We are also looking forward to our Christmas Birthday Party which will be on the 17th December. If you would like to come and help at this event, please let me know.

St. Cuthbert's Playgroup's lovely banner has been getting a lot of attention and encouraged some new families in. We are having fun playing with the little ones and meeting their parents/carers.



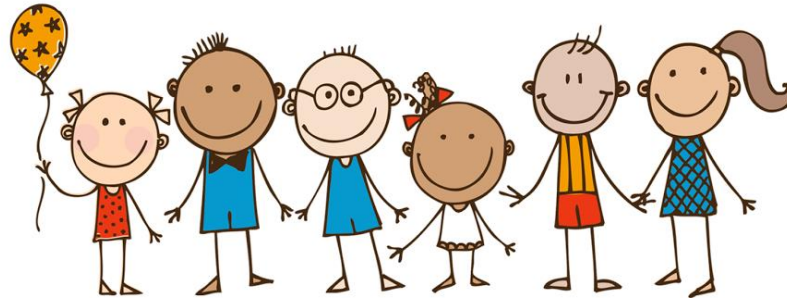
We are having a Hallowe'en Party on the 31st October and have fun hallowe'en activities for them.

On the 19th December we will be having a little Christmas Party hopefully with a Santa and a lot of fun!

Caroline Daye

St Cuthbert's Youth





First Sunday of the Month

**All Age Communion Service
10.30am**

You are invited to join us as the youngsters participate in this service.

There is a short reflection involving the congregation - of all ages.

ALL WELCOME

You are invited to:
*A Christmas
Birthday Party!*

*Saturday 17th December
10am - 12noon*



- *Arts and Crafts*
- *Games*
- *Story-telling*

AT

St Cuthbert's Church Hall,
Westgarth Avenue,
Colinton,
EH13 0BB

For more information contact
Caroline Daye at
youthstcuthberts@gmail.com

St Cuthberts Scottish
Episcopal Church
SC007578



**Our 10.30am Sunday Services
are live-streamed, and recorded
and are available to view on our
YouTube Channel anytime:**

**St Cuthbert's Scottish Episcopal Church Colinton
or via the Welcome Page of our Website:
www.stcuthbertscolinton.org.uk**

Live Streaming

Ideally, we would like more people involved, helping to set up and operate the system used to live-stream our services – it is easier than it sounds!

If you would like to know more (with no obligation), please speak to Nicki.

Pew Notices

Our weekly pew notices are updated on our Website every week – these are the latest news articles and announcements - and the best way to keep informed if you are unable to attend church.

The direct link to the pew notices page on our website is:-

<https://stcuthbertscolinton.org.uk/views-information/pew-notes/>

Dear St Cuthberters,

As you will see we have landed in Stapleford, Cambridge. We are about ten minutes away from Julia and she and the family have been over the top with their help both before we came and now. We feel very grateful.

We would like to thank you very much for the most kind Farewell on Sunday 25th. THE card with all the messages and signatures is WONDERFUL... amazing organisation. We shall always treasure it. The cake was deliciously over the top! Margaret's prayer and Nicki's kind words were special indeed. Another treasure is the gift of the lovely photo of the church. An overwhelming day to remember. Thank you.

I shall always be grateful for the worship and involvement with St Cuthbert's ... at times in discussion groups and at other times deeply nourished. There were many special services ... for us, Julia and Stuart's wedding in 1999 with Philip playing is our number one.

We feel blessed to have been part of such a friendly and supportive congregation. Bill joins me in sending heartfelt thanks and our prayerful greetings,

Sarah.

P.S. Thank you very much for all the kind New Home cards and messages.



naked sprout

We are now using naked sprout unbleached bamboo toilet roll at church. If you would like to try a roll to compare to your usual toilet roll, in the hope that you will become more eco friendly at home, you can get one from church at £1 a roll. If enough people want to use naked sprout, we can bulk buy and save money for church and your pocket, as well as helping provide water for children in Kenya.



- FSC certified sustainable bamboo
- No bleach, scents, plastic or nasty chemicals
- Same cost per sheet as leading brands
- Double length rolls, 320 sheets, Soft 2-ply

You can also get kitchen roll and tissues.

Let's do everything we can to protect God's creation.

<https://nakedsprout.uk>



**St. Cuthbert's
Episcopal Church Hall
Westgarth Avenue**

2pm – 3pm

**3rd Thursday of each month
(17th November, 15th December)**



Coffee

Cake



Company

All Welcome!



READINGS FOR NOVEMBER 2022 Year C

**Readings are taken from the NRSV
(Good News Bible on the first Sunday of the month)**

6th November – Pentecost 22

Haggai 1. 15b – 2.9
Luke 20. 27-38

13th November – Remembrance

Job 19. 21-27
1 Corinthians 15. 51-57
John 6. 37-40

20th November – Christ the King

Jeremiah 23. 1-6
Colossians 1. 11-20
Luke 23. 33-43

27th November – Advent 1 (Year A)

Isaiah 2. 1-5
Romans 13. 11-14
Matthew 24. 36-44

4th December – Advent 2

Isaiah 11. 1-10
Matthew 3. 1-12

Morning Prayer on Zoom

A small group meets each Tuesday and Thursday at 9am for a service of Morning Prayer.

After the reading, we have a short time of discussion about it and then continue in prayer.

If you would like to join us, please contact Nicki.



Social Walking Group

Last Wednesday of the month, meeting at 12 noon.

Walking between 3 – 5 miles from church, ending at The Colinton Inn for a soup lunch. Please let Nicki know if you would like to join the walk by the Monday beforehand.

Next walk planned:

Wednesday 30 November

ALL SOULS' DAY

Wednesday 2nd November

10.30am

We will remember the souls of the faithful departed at this service.

If you would like a loved one to be named on that day, please **PRINT** their names on the list at the back of the church.



The logo consists of the letters 'R&R' in a bold, black, serif font, enclosed within a yellow rectangular border.

Return and Rest

'In returning and rest you shall be saved;
In quietness and in trust shall be your strength'

Isaiah 30:15

R&R continues to meet online weekly each Wednesday,
for an hour from 7.15pm for 7.30pm start.
If anyone would like to try this prayerful reflective
space please get in touch with Wendy.

We will meet face to face in church on
Wednesday 30th November
and mark the beginning of our Advent journey.

This year we will be following
" Daily reflections for Advent and Lent-
walking in joyful hope"
by Mary DeTurrís Poust.

For more information contact Wendy Pearson.



New Scots Christmas Appeal 2022



Providing a warm welcome for refugees and asylum seekers in Edinburgh at Christmas.

Join with other local churches and Edinburgh City Mission in sponsoring and delivering **350 Christmas hampers** to New Scots from a range of nationalities and in varied circumstances here in our city.

How to get involved:



- **Donate**

- Contact your church about partnering with us and sponsoring hampers.



- **Deliver**

- Volunteer to deliver a hamper and connect with a New Scot family or individual.



- **Pray**

- Ask God to bless newcomers to Edinburgh and that these gifts and interactions would show them something of His love.

For more information contact: lydia@edinburghcitymission.org.uk

If you would like to contribute financially towards a hamper (£40 each) please let Wendy Pearson know as soon as possible. Thank you.

**St Cuthbert's
Scottish Episcopal Church
Colinton**

**ANNUAL
GENERAL
MEETING**

**Sunday
20 November 2022
in Church following the
10.30am service**

St. Cuthbert's AGM

This meeting will take place, in church, following the 10.30am service on Sunday 20th November 2022.

Vacancies this year are:

Vestry Member x 3

People's Warden – George Bungay has agreed to be re-nominated

Nomination forms are available from Marie.

If you wish to ask a question during any other business, could you please submit it in writing to the Rector by November 13th to enable a full response.

Reports will be available in church from Sunday 6th November. If you would like a full set of the accounts, these can be obtained from Marie.



Dear Friends and Supporters,

I am very pleased to report that I have sent a cheque for £275 to TLMS. This is the accumulated total from the Blue Tubs and donations given to me in the last few months. Many thanks to everyone who supports TLMS and knows how important our ongoing support is.

I recently watched an online zoom meeting when 3 speakers gave us an update on the work being done in their countries. The speakers were Sumon Halder from Bangladesh, Shovakhar Kandel from Nepal and Sunday Udo from Nigeria. They were visiting Scotland to talk about the projects TLMS supports in their countries. It was a very interesting evening.

You will find copies of the latest edition of DOCHAS [the magazine of TLMS] on the shelf by the Font. As always there are many inspiring stories to read about people affected by leprosy and how they have been helped at the various hospitals and rehabilitation centres we support.

Please keep on filling the Blue Tubs with your small change when you can.

Many thanks as always for your faithful support of TLMS
Barbara Tatlock

THE PLAN TO ERADICATE LEPROSY



THE SIGN

Please note –

The deadline for information and articles for the double December 2022/January 2023 issue is

Sunday 13 November 2022

Please send to stcuthbertscolinton@gmail.com

Thank you!

COLINTON LITERARY SOCIETY

NOVEMBER MEETINGS:-

2 Nov - Preacher of the Pacific. Kath Hay tells the story of the Scot from Kirkmahoe who faced up to the cannibals of the New Hebrides

9 Nov - Uncovering American history. David and Selda Dow give an illustrated overview of the archaeological sites of central America

16 Nov - Light at the end of the tunnel. Mike Scott and Chris Rutterford describe the work to develop this important Colinton landmark

23 Nov - Dickens' Favourite Blacking Factory. Neil Price tells the continuing story of Charles Day of 'Day and Martin', Bleak House and the foggy dealings of the Court of Chancery

30 Nov - Buffet supper with musical entertainment (note 7.30pm start)

Further information may be obtained from the Parish Church website:

www.colinton-parish.com

ST. CUTHBERT'S PLAYGROUP



10AM MONDAY

ST. CUTHBERT'S CHURCH

HALL

WESTGARTH AVE

COLINTON



£2 PER FAMILY

BOOKING REQUIRED

Contact Caroline Daye for more
information or to book:

youthstcuthberts@gmail.com

or 07738811416

SCOTTISH CHARITY NUMBER: SC007578



Advent Carol Service



Join us in singing the great Advent Carols

The season of Advent has been set aside as a time of preparation since the 6th century. Advent is a time for preparing for Christ's second coming, even as we remember and celebrate his first coming at Christmas. This is why the colour purple or blue is used, the colours also of Lent, of forgiveness and repentance.

Sunday 27th November

6pm

All Welcome





**St Cuthbert's Episcopal Church,
Westgarth Avenue, Colinton**

Christmas Fayre

Saturday 3 December 2022

12 – 4pm

Gifts, cards, handicrafts and more

Browse the stalls

Buy for Christmas

Enjoy a cup of tea and a mince pie

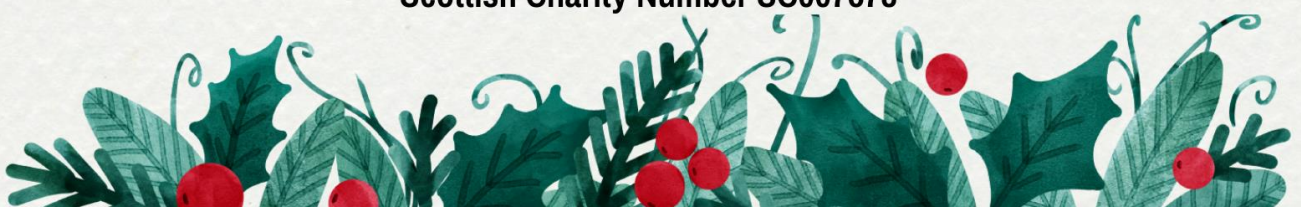
Admission FREE

For more information -

www.stcuthbertscolinton.org.uk

Facebook: @stcuthbertscolinton

Scottish Charity Number SC007578





Christmas Fayre

Saturday 3 December 2022

Tombola Stall

**We are delighted to have lots of
different stalls booked into our
Christmas Fayre
but we would also like to have a
church Tombola Stall.**

**We hope to have a wide range of good
quality items, and any contributions
for this stall will be most welcome.**

**Please put your contributions into the
red box at the back of church,
or speak to
Judith Mackintosh or Joan Smith.**

Thank you!



ART IN ADVENT

With Revd Canon Dean Fostekew, Rector, The Good Shepherd Murrayfield & Bishop's Chaplain

The Census at Bethlehem
Pieter Bruegel the Elder



Tuesday 13th December

11am in Church

All Welcome



St Cuthbert's Scottish Episcopal Church

Westgarth Avenue, Colinton, Edinburgh EH13 0BD

Tel: 0131 441 7580

Email: stcuthbertsrector@gmail.com

Website: www.stcuthbertscolinton.org.uk

Services:

Wednesday:

10.30am Said Eucharist

First Thursday of each month:

2.30pm An informal service for all

Sunday:

8.30am Said Eucharist, no sermon

10.30am Sung Eucharist

(Family Service on the First Sunday of each month)

Evensong – ‘announced’ in our pew notices and on our Website.

Scottish Charity Number: SC007578

