



I must begin this month's letter by clarifying something I said in last month's edition. In the paragraph about wedding anniversaries, I said I felt quite young at 35 next month – I was talking about year's married, not my age!

My age has been proved this month, as Iain and I have been blessed with a beautiful grand-daughter, Eira Rhys, born six weeks prematurely on the 17th September to our daughter Anya. We thank God that they are both doing very well and will hopefully be home soon.

Eira's surprise appearance meant we had to cancel our holiday in Spain, as we were due to fly out on the 18th, so instead I spent the week visiting them both and getting lots of cuddles. Obviously 2019 isn't a good year for holidays for me, as I had bronchitis the last time I had a holiday booked.

This month we continue to have a lot going on in church.

Harvest Festival will be celebrated on the 6th during the morning services and a Choral Evensong at 6pm – I hope you have your tickets for our harvest lunch? Don't forget some extra donations for the foodbank that day please.

Alzheimer Scotland are coming to talk to us about dementia on Wednesday 9th between 2 and 3pm in church.

Bishop Bob will be talking about Jesus's sense of humour on Wednesday 23rd at 2pm, which I am certain will be very entertaining.

Emotional Wellbeing training begins on Tuesday 1st October with Leigh Fell for 10 weeks. (You do not have to attend all ten). There is no charge but a donation will be requested to cover costs. You can find more about Leigh at <https://caritasneuro.com>.

Not forgetting our usual weekly and monthly events, including Open Forum, Shalom, R&R, mid-week services, Café Church, prayer group and Sunday services.

And finally a word of warning for those who write reports for the AGM, as the AGM is earlier this year on November 24th, you will be receiving a request for your report very soon, with the deadline being 14th October for receipt into the office.

Love and blessings
Nick