



## **What is Pilgrim?**

Pilgrim is a major teaching and discipleship resource from the Church of England. It aims to help every local church create a place where people can explore the Christian faith together and see how it can be lived out each day.

Pilgrim takes a different approach to other Christian programmes. It approaches the great issues of faith not through persuasion, but participation in a pattern of contemplation and discussion with a group of fellow travellers.

Pilgrim is comprised of two stages: the Follow stage for those very new to faith, and the Grow stage for those who want to go further. Each stage contains four short six-session courses which focus on a major theme of Christian life.

## **Pilgrim's approach**

- It starts at the very beginning

- It focuses on Jesus Christ

- It flows from the Scriptures

- It draws deeply from the Christian tradition

- It honours the Anglican way and its many streams

A number of people have asked for a basic Christianity course, similar to that of preparation for confirmation, so we are going to run Pilgrim for 6 weeks beginning on November 6<sup>th</sup>. Harriet, our student, will be the leader and I will be the host.

The usual format is 60-90 minutes of the course, which includes prayer, scripture, reflections, videos and discussion, ending with a shared simple supper; something like soup and cheese. People will take it in turn to bring the supper.

It is not essential to attend all six sessions but they do follow on week by week. You will be able to borrow or buy a booklet to follow any weeks you miss.

Nicki