

# **THE SIGN**

**OCTOBER 2018**

St Cuthbert's endeavours to be a community in which all are encouraged to participate in worshipping God and serving the wider community. It welcomes those who are doubters and sceptics as well as those who are committed in faith, and has a concern for those who have been hurt by their experiences of life.

Dear Friends,

I truly feel that September has been a real blessing; so many good things happening at church and around us as the season changes and colours start to become more autumnal – not forgetting planning for future events.



We began the month with the Community Police attending Brew and a Blether to speak about door step crime and help us protect ourselves in our own homes. Over 30 people came to listen, chat and eat cake.

No time for singing or scrabble at this one!

The next day was non-stop following our morning services. We are very grateful to

Megan and Mark Emmerson for the wonderful BBQ organised for the young folk and their families. It tried to rain but not for long. This was followed by a visit from Fischy Music. The weather was so lovely, we actually had the concert outside, so people passing by were able to enjoy it too. Then

after a quick break, back for Evensong; a lovely way to end a very busy weekend.

The prayer course, led by Elaine Fyfe and Juliet Mackellaig has been a wonderful experience and I hope everyone who has attended will be able to take this forward in their day to day life. Personally, the experience of giving myself permission to be still with God and being led into that stillness was the highlight. I look forward to working with these ladies again in the future.

Another lady I look forward to working with is Harriet Oxley, a student with the SEI. You will see a short introduction from Harriet later on in the magazine and I am sure you will all give her a warm welcome and encourage her in her ministry. Harriet is with us for approximately 100 hours between now and Easter and she will participate in leading worship, intercessions, preaching, pastoral visiting and leading discussion groups, starting with Pilgrim (more about this later) in November. Not forgetting attending New College for her lectures,

completing assignments and studying for exams. We will also spend time together with supervision and theological reflection.

September also brought the wedding of Michelle Notman and Brian Black. I wish them every blessing in their life together. And the baptisms of Islay, Caelia and Liliana Martin will be happening the same Sunday as this edition of The Sign will be available. If you are in church, you will know first-hand how this service went. I am really looking forward to welcoming them for baptism, along with their family and God parents. Hopefully we can have some photographs for next month's magazine.

I hope you are able to join us over the Harvest weekend, with our Open Day and a variety of things happening Saturday. Please spread the word and invite your friends and neighbours to come and find out who we are. Another busy weekend, ending with a Choral Evensong for Harvest. Please come and support the choir at this service, as they and the organists all work so hard to praise and worship God so beautifully through music.

And finally, the doors have arrived and look wonderful. If you spend time looking from both sides, you will see amazing reflections of the stained glass windows in them. Thanks to Bob Pritchard, Bob Bent and Dave Willis, the architect, for their perseverance and patience.

A busy time but we mustn't forget to spend time with God amongst the busyness, giving thanks for all we receive in this lovely place.

We are blessed indeed to be able to Worship the Lord in the Beauty of Holiness.

Love and blessings.

Nicki

# Welcome to Harriet Oxley



I'm Harriet Oxley. I'm an ordinand with the Scottish Episcopal Church and a mature student studying for the Masters in Divinity at the University of Edinburgh. I'm from Dumfries and Galloway and enjoy spending time with my family there as well as walking, rowing and other water sports.

Before returning to university I worked for several years in the Community Learning and Development profession running youth work, adult education and community projects. Latterly I worked for the NHS as a community chaplain supporting patients and staff as well as organising volunteer training.

I'm looking forward to being on placement at St Cuthbert's for the next few months. It will be lovely to get to know you and learn more about church ministry.



## **What is Pilgrim?**

Pilgrim is a major teaching and discipleship resource from the Church of England. It aims to help every local church create a place where people can explore the Christian faith together and see how it can be lived out each day.

Pilgrim takes a different approach to other Christian programmes. It approaches the great issues of faith not through persuasion, but participation in a pattern of contemplation and discussion with a group of fellow travellers.

Pilgrim is comprised of two stages: the Follow stage for those very new to faith, and the Grow stage for those who want to go further. Each stage contains four short six-session courses which focus on a major theme of Christian life.

## **Pilgrim's approach**

- It starts at the very beginning

- It focuses on Jesus Christ

- It flows from the Scriptures

- It draws deeply from the Christian tradition

- It honours the Anglican way and its many streams

A number of people have asked for a basic Christianity course, similar to that of preparation for confirmation, so we are going to run Pilgrim for 6 weeks beginning on November 6<sup>th</sup>. Harriet, our student, will be the leader and I will be the host.

The usual format is 60-90 minutes of the course, which includes prayer, scripture, reflections, videos and discussion, ending with a shared simple supper; something like soup and cheese. People will take it in turn to bring the supper.

It is not essential to attend all six sessions but they do follow on week by week. You will be able to borrow or buy a booklet to follow any weeks you miss.

If you would like more information or want to put your name down to attend, please contact me,

[stcuthbertsrector@gmail.com](mailto:stcuthbertsrector@gmail.com) or telephone 0131 441 7580.

# A turning point?

Find out more about the Christian faith

pilgrim

A COURSE FOR THE CHRISTIAN JOURNEY

You are warmly invited to join a group for people who want to learn more about the Christian faith.

Where

**The Rectory**

When

**Tuesdays at 6.30pm**

Details

**Six weeks commencing November 6<sup>th</sup>.  
A time of discussion ending with a simple supper.**

Contact

**Revd Nicki McNelly 0131 441 7580**

**The group is for:**

- those who want the chance to think about the Christian faith
- those who have recently started coming to Church
- those preparing for baptism or confirmation
- those who have been Christians for many years and want to visit the roots of their faith again.

We will be using The Pilgrim Course from the Church of England.

pilgrim

A COURSE FOR THE CHRISTIAN JOURNEY

[www.pilgrimcourse.org](http://www.pilgrimcourse.org)

CHURCH HOUSE PUBLISHING

THE CHURCH OF ENGLAND

- ❖ Play Church, fun quiz and other activities for children
- ❖ **1130 – 1200** Come and Sing – all voices welcome – join in some well known pieces
- ❖ Explore some highlights of our beautiful church building
- ❖ Find out what different groups are doing at St Cuthbert's

## **Deepening Our Relationship with God- Reflections on the Prayer Course**

What do you do when you want to deepen a valued friendship? The chances are you will spend time with that person and share thoughts, feelings and listen to each other whilst consolidating the connection between you. That's how it is with God, to deepen our relationship with Him we spend time in prayer, talking and listening to God.

Prayer can be sitting in silence, connecting with creation or simply chatting to God. However, there are other ways to pray, some ancient, that can help to deepen our prayer life and experience the transforming work of the Spirit. All prayer is either vocal, meditative or contemplative.

At the end of the summer, and for four evenings, twelve of us met in the church to learn more about prayer. First, we experienced what it is to be still, how to detach from the day's buzz through becoming aware of our bodies and breathing to ultimately draw God into our hearts. Following this, the Examen was taught. This is a way to review the day which heightens one's awareness of God in our lives by looking at the day through His eyes and asking ourselves where we have been close to Him e.g. sensing his spirit of peace, love, joy, energy, life and community, and, equally important, where we have been turned away from Him by turning away from our neighbour, driven by our own agenda, or fearful, anxious or proud, relying on our own abilities.

In the second week Lectio Divina was introduced, an ancient form of prayer made popular by St Benedict in the sixth century. This is praying with scripture by reading a passage a few times and being open to the words that stand out or resonate for us, chewing them over and

reflecting on what they mean for our lives. These musings are then taken into a conversation with God where it may become clear what changes are needed in our lives. The final stage is a time of resting in God, where the true gift of contemplation may be experienced.

Our third week was praying with our imagination, when we place ourselves fully within a story from the Gospels. We become onlooker/participants and give full rein to our imagination. We used the story of Bartimaeus, the blind beggar, where Jesus is speaking to him at the side of the road. We feel the hot Mediterranean sun beating down. We smell the dust kicked up by the passers-by. We feel the itchy clothing we're wearing, the sweat rolling down our brow, a rumble of hunger. We see the desperation in the blind man's face and hear the wail of hope in his words. We note the irritation of the disciples. Above all we watch Jesus—the way he walks, his gestures, the look in his eyes, the expression on his face. We hear him speak the words that are recorded in the Gospel. We go on to imagine other words he might have spoken and other deeds he might have done. We imagine speaking to him and what he might say in return.

Imaginative prayer makes the Jesus of the Gospels our Jesus. It helps us develop a unique and personal relationship with him. We watch Jesus' face. We listen to the way he speaks. We notice how people respond to him. These imaginative details bring us to know Jesus as more than a name or a historical figure. This is a way of praying that can bring us into a closer encounter with Christ.

The final week explored using art in prayer, similar to *Lectio Divina* but with images or paintings. This is a tradition from the Eastern church that is increasingly appreciated in the West. It's often very rich for people who prefer to pray visually. Many of us were taught to close our eyes when we pray. Praying with religious art or icons is an ancient prayer practice that involves keeping our eyes wide open, taking into our heart what the image visually communicates. We focus not on what is seen in the icon or piece of art, but rather on what is seen through it — the love of God for us. This is prayer without words, with a focus on being in God's presence rather than performing in God's presence. By praying with an image, it hoped that it will enable a deeper reflection on a particular passage of scripture.

## Evaluations

Below are three quotes from the course evaluations:

“The course has made me more aware of God's presence throughout the day”.

“I have discovered new ways to get close to God, the Ignatian way of prayer is a new one to me and very effective”.

“I have started waiting in quiet and silence for God”.

## What next?

The group are exploring the possibility of continuing to meet in some form and/or coming together again in Lent. New members will be welcome. For information on future groups speak to Nicki.

The Epiphany Group runs a Growth in Prayer and Reflective Living course which is one evening each week through an academic year. This course develops the themes above and more. Information on this can be found on their website, link shown below, or speak to Elaine Fyfe.

## Resources:

- ***Growing into silence*** *Paul Nicholson* from *The Way Publishing*  
[www.theway.org.uk](http://www.theway.org.uk)
- ***Epiphany Group*** Courses, retreats and access to spiritual directors [www.epiphanygroup.org.uk](http://www.epiphanygroup.org.uk)
- ***IgnatianSpirituality.com***
- ***Ignatian Spirituality Centre Glasgow***; courses, retreats  
[www.iscglasgow.co.uk](http://www.iscglasgow.co.uk)
- ***Pathways to God*** [www.pathwaystogod.org](http://www.pathwaystogod.org)
- ***Pray as you go*** [www.pray-as-you-go.org](http://www.pray-as-you-go.org) and free app
- ***Reflective Spaces*** [www.reflectivespaces.org.uk](http://www.reflectivespaces.org.uk)
- ***The Retreat Association*** [www.retreats.org.uk](http://www.retreats.org.uk)
- ***Sacred Space*** [sacredspace.ie](http://sacredspace.ie)

# St Raphael's Prayer Group

Many churches, especially in England, subscribe to the Guild of St Raphael, whose members offer support and comfort to those in trouble.

It was decided fairly recently that St Cuthbert's would cease to be affiliated with the large organisation, but to continue to provide the same service to our congregation, under the title of the St Raphael's Prayer Group.

Our group meets once a month. We have a list of members which we go through thoroughly at this meeting, and all those on it are prayed for. Flowers and cards are sent when appropriate.

Judith Mackintosh

If you are housebound or long-term sick and want to be added to the St. Raphael's prayer list, please get in touch with Judith or myself and we will make sure you are included on the confidential list for our daily prayers and also for our monthly meeting.

If you wish to be on the sick list for the intercessions, these are generally for people who have recently been taken ill or admitted to hospital, so I would appreciate you notifying me if this happens and you want to be included on the following Sunday's intercessions. Your name will remain on the Sunday intercessions list for a short period of time and long-term you will be on the St. Raphael's prayer list.

Nicki

# Gentlemen

Would you be interested in a monthly social event for men to put the world to rights, or just get out of the house for an hour? A few men have suggested that they would like the opportunity to meet and chat with like-minded people from church but without an agenda. No prayers, no ethics, just friendship and refreshments.

The Colinton Inn have a private room downstairs which they are willing to let us use without charge (preferably on a Tuesday evening) so your conversations will be private and you won't be disturbed by others in the bar.

If this is something you would like to be a part of, can you please let me know. Many thanks.

Nicki

## **Men's Breakfast at St. Mark's, Oxfords**

This takes place early at 7.50am on the first Saturday of each month (except January, July and August) and is ecumenical. We have been blessed in the range of men coming to the breakfast and it would be good to welcome more Episcopalians.

The flavour of the breakfast is quite informal with good scrum followed by a period of worship and then a 40 minute talk with questions. (Speakers are invited). It ends with a short prayer.

Many of the men attending the breakfast are in ministry themselves lending a powerful witness to the warmth and character of the group.

If you would like more information, please contact me, or come along and join us at the next meeting.

Michael Pearson

## **St. Cuthbert's Retreat 2019 'On Holiday with God'**

We all know the signs of needing a holiday in the ordinary sense; work and people increasingly sap our energy, Mondays come around too quickly, little things become annoying, and we feel in need of a change, or at least a rest, to recharge our batteries.

But what are the signs of needing a different sort of holiday – a holiday with God?

As we begin to be aware of this yearning, a tiny miracle takes place. Amid the boisterous routines of much of our contemporary life, a personal invitation slips softly into our searching mind, gently insistent. 'Come with me .... to a quiet place and get some rest.' Jesus says (Mark 6.31).

Jesus offered his disciples that invitation two thousand years ago. That same invitation has been there in our souls since our birth, waiting to surface, waiting for the time when we are still enough, and restless enough to notice it.

So, you are invited now to join our retreat 'on holiday with God'.

If you would be interested in joining this retreat next June, please let me know and I will start to make more concrete plans.

Nicki

**St. Cuthbert's  
Scottish Episcopal Church  
Colinton  
9.30am**

**Last Wednesday  
of the month**



**31 OCTOBER**

**Join us to pray for the life, work and  
witness of our church**



Join us in the Rectory on  
the last Sunday of each  
month for pizza and chat.  
**6.30pm-8pm**

# NOVEMBER – A TIME TO REMEMBER

## ALL SOUL'S

We will remember the souls of the faithful departed on Sunday 4<sup>th</sup> November at both services. If you would like a loved one to be named on that day, please **PRINT** their names on the list at the back of the church in the service time you wish them to be remembered.

## REMEMBRANCE



To celebrate the 100<sup>th</sup> anniversary of the end of World War One, if you have family war dead you would like to be remembered, along with those we usually name in church, please give their names to me by November 5th.

Nicki

# Christmas Bazaar

Do you knit, sew, paint or make anything which you would like to sell in aid of charity?

If you do, perhaps **Sunday 2 December** would be the ideal opportunity.

Book a table to display and sell your wares in aid of this year's St Cuthbert's Christmas charity.

Please speak to me:

Margaret Holmes: 441 7394

[margaret@holmesathome.co.uk](mailto:margaret@holmesathome.co.uk)

## LOOKING AHEAD - SAVE THE DATE!

### **Thursday 1 November: Dobbies Afternoon Tea:**

An outing to Dobbies Garden Centre, Lasswade.

Instead of the Thursday Service we shall be organising a special visit to enjoy Afternoon Tea and perhaps a little Christmas shopping. Transport will be arranged.

### **Celebrating & Remembering the Armistice of 1918:**

#### **Weekend of 10 & 11 November 2018**

#### **Saturday 10 November:**

From 3.00pm – 5.00pm

there will be a special 'Street Party' event with food and music.

#### **Sunday 11 November:**

Armistice Day – Remembrance Sunday

#### **Saturday 1 December:**

From 9.30 – 12 noon

#### **Welcoming the Light**

# VESTRY REPORT

## August 2018 Vestry

- Christine Nimmo as the person responsible for Safeguarding gave her report to Vestry. The Safeguarding Audit from the Province had been completed and submitted. Christine was thanked for all her work.
- Martin Fairley circulated Accounts to 30 June 2018. There is to be a tendering process for new Accountants.
- Fire alarms have been tested. Administrator to do weekly check and record. Fire drill will take place after training for Welcomers.
- Vestry is organising a Harvest Festival weekend.
- Vestry agreed that we would not contribute to Christmas Lights in the village following a request from Colinton Community Council.
- Vestry has been circulated with information about updates to Canons.
- Ross Addison has requested that consideration be given to new garage doors as the current ones are obsolete and cannot be repaired.
- A tendering process for a church architect will take place in September. 3 firms will be asked to submit.
- The Property Committee was thanked for all their work.
- The Rector thanked the Vestry for giving permission for her to attend Cadet Camp. This had been hard work but good.
- Rosemary Yeoman has offered to give something to the church in memory of Douglas. Some new altar linen is being considered and investigated.
- Remembrance weekend: Discussion has taken place with the Parish Church. Many more poppies needed for our display.

*The full minutes are available in the folder at the back of the Church. An electronic version can be requested by email, contact: [julia.roberts01@btinternet.com](mailto:julia.roberts01@btinternet.com)*

## **NOTES FROM THE CHOIR**

It is that time of the year when the days are drawing in and according to the Venerable Bede at the time of the full moon Winterfylleth marks the beginning of winter. But what activity brings you more comfort on an autumnal day than singing in close harmony with fellow members of St Cuthbert's choir? As we approach the onset of winter we will be looking forward to rehearsing music for the commemoration of the end of the First World War and dare I say it Advent and Christmas. The choir are always happy to welcome new members.

Julian Jefferson

## **FLOWER ARRANGERS' NEWS**

### **OCTOBER FLOWERS**

October is one of the most colourful months of the year. The trees are ablaze with gold, orange and red leaves and the shrubs a mass of red berries. We at St Cuthbert's will celebrate Harvest on 7 October and the church will be decorated on Friday 5 October. If you would like to help or, would like to fill one of the gaps on the Flower Rota, please let me know.

Margaret Holmes

## CALENDAR FOR OCTOBER 2018 YEAR B

3 October	Wednesday	10.30am	Holy Communion
		4.00pm	The St Raphael's Prayer Group
4 October	Thursday	2.30pm	The Thursday Service
6 October	Saturday	10.30am	Open Day
		- 4.00pm	

### **Sunday 7 October – Pentecost 20 – Harvest Service**

		8.30am	Holy Communion
		10.30am	Sung Eucharist – All Age Service
		6.00pm	Choral Evensong
10 October	Wednesday	10.30am	Holy Communion
		2.00pm	Service at Cairdean
		3.00pm	Service at Thorburn Manor
11 October	Thursday	2.30pm	The Thursday Service

### **Sunday 14 October – Pentecost 21**

		8.30am	Holy Communion
		10.30am	Sung Eucharist
17 October	Wednesday	10.30am	Holy Communion
18 October	Thursday	2.30pm	The Thursday Service

### **Sunday 21 October – Pentecost 22**

		8.30am	Holy Communion
		10.30am	Sung Eucharist
24 October	Wednesday	10.30am	Holy Communion
25 October	Thursday	2.30pm	The Thursday Service

### **Sunday 28 October – Pentecost 23**

		8.30am	Holy Communion
		10.30am	Sung Eucharist
30 October	Tuesday	7.00pm	Vestry Meeting
31 October	Wednesday	9.30am	Prayer for the life, work and witness of St. Cuthbert's
		10.30am	Holy Communion
1 November	Thursday	2.30pm	Afternoon Tea Outing – please note – No Thursday Service

# READINGS FOR OCTOBER 2018

## Year B

### **7 October – Pentecost 20**

First Reading	Deuteronomy 8.7-18
Second Reading	Matthew 6.25-33

### **14 October – Pentecost 21**

First Reading	Amos 5.6-7, 10-15
Psalm	90.12-17
Second Reading	Hebrews 4.12-16
Gospel	Mark 10.17-31

### **21 October – Pentecost 22**

First Reading	Isaiah 53.4-12
Psalm	91.9-16
Second Reading	Hebrews 5.1-10
Gospel	Mark 10.35-45

### **28 October – Pentecost 23**

First Reading	Jeremiah 31.7-9
Psalm	126
Second Reading	Hebrews 7.23-28
Gospel	Mark 10.46-52

# **URGENT – VOLUNTEERS NEEDED**

## **The Verandah Club at The Royal Edinburgh Hospital**

A team of volunteers from St. Cuthbert's help to run the Verandah café on a Thursday afternoon. We are running low on volunteers and would like to continue to offer this service but won't be able to unless we have more volunteers join the team.

If you are able to volunteer or would like more information, please speak to Hilary Pritchard.

## **A Brew & A Blether**

Please join us between 2 & 4 pm in the hall on

**Saturday 6 October**

for a cup of tea, a piece of cake, an opportunity to explore our beautiful church and to discover who we are.

*Everyone most welcome.*

As part of our  
Harvest Festival,  
St. Cuthbert's is supporting  
Trinity Food Bank.  
We are very grateful for any  
donation you are able to  
make.

***Thank you!***

## **From the Archivist 8**

### **The Story of the Episcopal Church**

The 20<sup>th</sup> Century saw a remarkable decline in Church attendances. The lack of members was reflected in the income of the individual Church. At the same time cost began to rise, especially in periods of high inflation. The financial pressure produced in maintaining a large church building forced poorly attended churches to close.

One of the problems facing the Church was the slum clearance programme. In Edinburgh, the large and spacious flats of the early 18<sup>th</sup> century Old Town had been subdivided. Thus William Burke lived in a one room flat in the West Port with Helen M'Dougal. The space was shared with James and Ann Grey and their young child. Five people in one small room! Landlords refused to spend money on sanitation and structural repairs. Slum clearances in central Edinburgh and Leith forced many people to leave their communities and their churches.

At the beginning of the 20<sup>th</sup> century there were three separate Presbyterian Churches in the city – The Church of Scotland, The Free Church of Scotland and The United Presbyterian Church. The Free Church and the United Presbyterians came together in 1900 although not without resistance from some Free Church members. The final union was completed in 1929 leaving the city with a large number of churches. Many of these have since closed.

The Episcopal Church was not free from these problems. In Leith the congregation of St James' Church sold their building moving into a hall. The original congregation had refused to accept the Presbyterian Church Settlement in 1689 and continued under their minister, James Waugh. Holy Trinity on Dean Bridge had opened in 1838 as the New Town spread south over the Water of Leith. It was taken over by the Cathedral in 1933 and closed in 1940. St Kentigerns also closed that year. Four years later, St Matthew's, another mission church, closed.

The Church of St Thomas had opened in Rutland Place in the early 19<sup>th</sup> century. You can still see the old building opening onto Shandwick Place. During the 1930's they took the decision to move out to Corstorphine to serve the growing population in this suburb.

In Niddrie St Aiden's and St Andrew's united in 1976. Despite the large population in this area the union struggled and the church was finally closed in 1998.

*John Peacock our Archivist has been researching the history of the Scottish Episcopal Church in Edinburgh.*

# CHRISTIAN AID

Last month I wrote about Amina Issah Ebanyinle, whose ability to keep herself and her three children was threatened when her customers stopped buying her bags in favour of foreign ones. GEOP (*Growing Economic Opportunities for Sustainable Development Project*) stepped in to retrain her in bead-making and she now creates brightly-coloured sandals using the new skills she has learned.

This month we hear about Kaku Famiyeh who was born with a disability. He and his wife have four children. He used to make only sandals and slippers. He was good at his work and his customers wanted him to make shoes, but he didn't have the right skills. GEOP offered him training in leather-work and he has now set up as a cobbler specialising in producing shoes and boots for men. Just a week after being trained Kaku had made and sold four pairs of shoes.

Since then his monthly income has gone up by 50% . He says **“I'm now able to take very good care of my family and I've enrolled my children in good schools. I'm so grateful to the EU and Christian Aid for helping me improve my livelihood.”** Christian Aid and its partners are now looking for more ways to link Kaku's blossoming new business with keen buyers.

These are just two examples of what can happen when Christian Aid works alongside a local partner. It may seem small scale, but it is crucial to the people who can now earn enough to support their families.

Patricia Brignall

## **SHALOM (In the presence of God)**

We seek to provide a 'sacred space';  
a space to reflect, to pray; a space to find peace, stillness and  
refreshment.

Our usual pattern after welcoming everyone is to start with a short  
stilling exercise then a reading and/or reflection followed by a shared  
silence and finishing with a prayer of thanks and we often end with  
coffee, cake and a chat!

Shalom will not be meeting as such on 6th October but will have a  
presence in The Lady Chapel as part of the St Cuthbert's Open Day and  
you are very welcome to come and see what we do. We will meet again  
on Saturday 3rd November at 10am.

*Please note that on Saturday 1st December there will be  
something special happening:*

### **Welcoming the Light**

Saturday 1st December, 9.30-12 Noon,  
St Cuthbert's Scottish Episcopal Church, Colinton

*Please 'note the date' and there will be more details next  
month...*

# THE OPEN FORUM

The Open Forum will continue to meet on the second Sunday of each month at the same place and at the same time.

During the next 6 months we are using Peter Singers book Ethics in the Real World as a basis for our deliberations.

<b>14 October</b>	Topic	Racism	Facilitator	Clyne Shepherd
<b>11 November</b>	Topic	The Fish Scream	Facilitator	John Hampton
<b>9 December</b>	Topic	The Cow who	Facilitator	Jean Haskell
<b>14 January</b>	Topic	Why vote?	Facilitator	Wendy Stewart
<b>10 February</b>	Topic	Doing good	Facilitator	Sarah Donaldson
<b>10 March</b>	Topic	Euthanasia	Facilitator	Marion Goldsmith

Wendy Stewart

# PHOENIX GROUP

We are in the early stages of planning a trip in November to the exciting new V & A Dundee, which is very accessible from the new railway station there. We would leave in the morning and return in the late afternoon. The train journey time varies but it would be around 1 hour 20 minutes. If you are interested, please speak to Irene Harkness or myself

We will also be organising our very popular Christmas Lunch shortly.  
Margaret Kieran

## THE LEPROSY MISSION SCOTLAND - NEWS

Many thanks for all the contributions from you in the last few weeks. So far these have amounted to £170. If you have any blue tubs to give to me, please do so when it's convenient in the next 2 weeks. I shall be sending a cheque for the total amount collected soon. In ASK 2018 Prayer Diary for October 22 - 28th there is a page about Scotland and the work of TLMS you may be interested to read. Barbara Tatlock

### Personal Information Forms

If you have not yet completed a form please get in touch with Joan Smith or the Church Administrator. It is important that we have up to date details about you and your preferences.

*The Communicant*

News and Notices for the Diocese of Edinburgh



Did you know that the Diocesan Office produces a fortnightly newsletter with lots of information about what is happening around the diocese? As well as reporting on events that have happened, it also advertises forthcoming lectures, events, retreats, concerts etc.

You can see it on-line:

<https://edinburgh.anglican.org/publications/the-communicant/>

There is one printed copy at the back of the church. If you would like information for an event copied, please see Marie in the office.

## **THE SIGN Subscriptions**

The annual subscription for THE SIGN is £10, £16 if you would like a copy posted to you. Cheques should be made payable to St Cuthbert's Church and handed in or sent to The Rectory, 6 Westgarth Avenue, Edinburgh EH13 0BD. Thanks to all our regular subscribers. We value your continued support.

*2019 subscriptions will be due in January. A reminder will be sent out in December. Thank you.*

## **St Cuthbert's Episcopal Church**

**Westgarth Avenue, Colinton, Edinburgh EH13 0BD**

**Phone: 0131 441 7580**

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**Website: [www.stcuthbertscolinton.org.uk](http://www.stcuthbertscolinton.org.uk)**

### ***Usual Sunday Services:***

**8.30am Holy Communion**

**10.30am Sung Eucharist**

*Activities for children & young people during term-time*

### ***On the first Sunday of each month:***

**10.30am All Age Sung Eucharist**

**6.00pm Evensong**

### ***Weekday Services:***

#### **Wednesdays**

**10.30am Holy Communion followed by coffee**

#### **Thursdays**

**2.30pm The Thursday Service**

*A short Ecumenical service designed with elderly people in mind. Followed by tea.*

Scottish Charity Number: SC007578