

THE SIGN NOVEMBER 2018

St Cuthbert's endeavours to be a community in which all are encouraged to participate in worshipping God and serving the wider community. It welcomes those who are doubters and sceptics as well as those who are committed in faith, and has a concern for those who have been hurt by their experiences of life.



Join us for worship at

10.30am

on 11 November

with an Act of Remembrance at 11am

Dear Friends,

I must begin this letter by thanking everyone involved in the Harvest Weekend. Such a busy time with beautiful flowers, wonderful hospitality, music and new friends. Luckily for us, the open day and the Gardening club met at the same time and a number of people came from buying plants to visiting the church. I spoke to many who have lived here for 30 years who had not set foot inside the church before that day and



were impressed with the beauty we encounter every time we come to church. We also had a wonderful 'come and sing' in the morning. (If you want to hear the results, you will need to visit our Facebook page). We had about 80 visitors throughout the morning and a full hall for a Brew and a Blether in the afternoon.

The Harvest lunch was attended by about 60 people and donations amounted to £153.35 for Trinity Food Bank. As we saw in church, we also had a wonderful collection of non-perishable goods for them. As I said on the day, we must remember that the needs for foodbanks is not seasonal, so please remember to continue your giving to them by bringing your donations on the first Sunday of each month.

We are all blessed with different gifts and it is wonderful to see everyone at St. Cuthbert's using their gift to bring our community together and share what we have with others. Thank you.

While the weekend met expectations with having visitors in the church, it did not gain in our effort to increase the church's giving with a 13th month giving. This means that we continue to be in the bottom third for giving in the diocese and without our hall bookings could not afford to run the church as we do. I ask you please to consider your giving to make sure we can maintain the church, ministry and mission at St. Cuthbert's.

The Pastoral Visiting Scheme is working well and I thank those who help me in visiting. I apologise to all those I have not visited yet (quite a lot of you) but I'm afraid the sick and housebound are my priorities, rather than those who are able to attend church. However, if you feel

you are being neglected, please let me know and I will try to get a pastoral visitor, Mary Moffet, a warden, or myself to be in touch.

We seem to go from busy month to busy month. As this magazine is distributed, Bishop John will be visiting for the confirmation of nine boys, most of whom attend Merchiston School.

November is also full with a day out, All Souls and All Saints, Pilgrim, a street party, Remembrance, prayers for peace, Clergy Conference and Christ the King. Please see more information throughout the magazine. I have also put the photos together in a montage further on in the magazine for your enjoyment. We are blessed indeed with wonderful volunteers and an amazing church administrator to facilitate all we do.

Every blessing.

Nicki

PLAY CHURCH

Children and adults alike have enjoyed using the diocesan play church in the period we have had it. It is due to leave us at the end of November.

It has been suggested that we should have one of our own, so I am asking if any of you have the gifts necessary to make it (woodwork, sewing, artists etc) and would like to get involved, please let me know.

If you don't have the gifts but would like to make a donation towards the materials needed, I would also love to hear from you.

Thank you.

Nicki.

“Pack up your troubles”

**Join us for a street party
to celebrate the 100th anniversary of the end of
The Great War**

**Songs, food and fellowship
at**

**St. Cuthbert's
Scottish Episcopal Church
10th November 2018
4pm – 6pm**

**Tickets available from Margaret Holmes
(suggested minimum donation £5)**

**All profits raised will be donated to SSAFA Edinburgh
(Soldiers, Sailors, Airmen, Families Association)**



October in pictures





**Our Peoples'
Warden tries
Play Church
for size**



**Contemplative
Organist**



NOVEMBER – A TIME TO REMEMBER ALL SOUL'S

We will remember the souls of the faithful departed on Sunday 4th November at both morning services. If you would like a loved one to be named on that day, please **PRINT** their names on the list at the back of the church in the service time/s you wish them to be remembered.

REMEMBRANCE

To celebrate the 100th anniversary of the end of World War One, if you have family war dead you would like to be remembered, along with those we usually name in church, please give their names to me by 5 November. Nicki

'Light Up Red'

As 2018 marks the centenary of the end of the First World War, St Cuthbert's will be joining other locations across the whole of Scotland to 'Light Up Red' as a 'Thank You' to the First World War generation who served, sacrificed and changed our world forever.

More details can be found on our website and facebook page and at www.poppyscotland.org.uk

Thank you for your knitted and crocheted poppies. Please keep knitting, and put them in the box at the back of church.



You are invited to join both
churches of Colinton
to pray for peace
on 11 November
at 6.30 pm

St. Cuthbert's Scottish Episcopal Church

Westgarth Avenue

Including the beacon of light moment at 7pm

in unity with those around the nation

All Welcome

Christmas Bazaar

Do you knit, sew, paint or make anything which you would like to sell in aid of charity?

If you do, perhaps **Sunday 2 December** would be the ideal opportunity.

Book a table to display and sell your wares in aid of this year's St Cuthbert's Christmas charity.

For further details, speak to Margaret Holmes:

Gentlemen

Would you be interested in a monthly social event for men to put the world to rights, or just get out of the house for an hour? A few men have suggested that they would like the opportunity to meet and chat with like-minded people from church but without an agenda. No prayers, no ethics, just friendship and refreshments.

The Colinton Inn have a private room downstairs which they are willing to let us use without charge (preferably on a Tuesday evening) so your conversations will be private and you won't be disturbed by others in the bar.

If this is something you would like to be a part of, can you please let me know.

Many thanks.

Nicki

Men's Breakfast at St. Mark's, Oxfords

This takes place early at 7.50am on the first Saturday of each month (except January, July and August) and is ecumenical. We have been blessed in the range of men coming to the breakfast and it would be good to welcome more Episcopalians.

The flavour of the breakfast is quite informal with good scrum followed by a period of worship and then a 40 minute talk with questions. (Speakers are invited). It ends with a short prayer.

Many of the men attending the breakfast are in ministry themselves lending a powerful witness to the warmth and character of the group.

If you would like more information, please contact me, or come along and join us at the next meeting. Michael Pearson

St. Cuthbert's Retreat 2019 'On Holiday with God'

We all know the signs of needing a holiday in the ordinary sense; work and people increasingly sap our energy, Mondays come around too quickly, little things become annoying, and we feel in need of a change, or at least a rest, to recharge our batteries.

But what are the signs of needing a different sort of holiday – a holiday with God?

As we begin to be aware of this yearning, a tiny miracle takes place. Amid the boisterous routines of much of our contemporary life, a personal invitation slips softly into our searching mind, gently insistent. 'Come with me to a quiet place and get some rest.' Jesus says (Mark 6.31).

Jesus offered his disciples that invitation two thousand years ago. That same invitation has been there in our souls since our birth, waiting to surface, waiting for the time when we are still enough, and restless enough to notice it.

So, you are invited now to join our retreat 'on holiday with God'.

If you would be interested in joining this retreat next June, please let me know and I will start to make more concrete plans. Nicki

**St. Cuthbert's
Scottish Episcopal Church
Colinton**

9.30am

**Last Wednesday
of the month**



28 November

**Join us to pray for the life, work and
witness of our church**

THANK YOU...

Thank you to John Peacock, our Archivist, for a series of very interesting and well researched articles about our church, and the history of the Scottish Episcopal Church in Edinburgh. John – your on-going work and care of our extensive archives is very much appreciated.



Join us in the Rectory on the last Sunday of each month for pizza and chat. 6.30pm-8pm



All BranTea Loaf Recipe:

When you reach for that cup of tea to warm you up on a cold November day why not enjoy the brew with a slice of an All Bran tea loaf made using the same tea cup?

Ingredients:

Mix together in a mixing bowl a cup each (tea cup) of:

Raisins/ Sultanas

Brown Sugar

All Bran

Milk

Leave to soak overnight.

Line a loaf tin with baking parchment.

Add a cup of Self Raising Flour to pre- soaked ingredients, mix together.

Pour mixture into a lined loaf tin

Bake for one hour in a moderate oven, Gas Mark 4, 180 C

Julian Jefferson

You are invited to join us for our

Advent Carol Service

at

St. Cuthbert's Church

Westgarth Avenue, Colinton

6.00pm

Sunday 2 December

Followed by
refreshments in the
church hall



ALL WELCOME

VESTRY REPORT

September 2018

- Jenny Mackintosh has offered to advise on Health and Safety.
- The fire alarms are to be tested monthly.
- The prayer course has been well attended and a link with the Shalom group will hopefully be maintained to continue this.
- Vestry unanimously confirmed their approval of the appointment of Chiene & Tait as Independent Financial Advisors.
- Vestry approved straight horizontal lines as safety marks on the new church doors.
- The property committee is to be asked to get the advice needed for replacing the church internal lights with LED lights.
- Christine has attended a follow up meeting (following submission of the safeguarding audit) at the General Synod Office.
- A note on flowers is to be added to the Wedding Leaflet to say that they may be available with the cost of the flowers being charged for.
- The Ordinand (student) Harriet Oxley starts on the 19 September. She will complete a 100 hours in the church between then and Easter.
- Nicki and Harriet (student) are to run a 6 session basic Christianity course called 'Pilgrim' at the Rectory between 6.30pm and 8.00pm on Tuesdays starting 6 November.
- Choir copies of a new hymnbook were bought following the Big Conversation. Martin is to be asked to budget to replace the congregation's hymnbooks next year.
- The AGM will take place on 9 December after the Sunday service.

The full minutes are available in the folder at the back of the Church. An electronic version can be requested by email, contact: julia.roberts01@btinternet.com

*** ANNUAL GENERAL MEETING ***
St Cuthbert's AGM will be held in the church hall on
Sunday 9 December after the 10.30am service.

NOTES FROM THE CHOIR

Before the Harvest Festival we invited you to 'Come and Sing'. We would like to thank everyone who came and joined our ranks. We had a wonderful time singing a combination of hymns and anthems and though, I say it myself, I did think the augmented choir sounded absolutely fabulous.

If you were inspired by their glorious sound, or couldn't make it on the Saturday, the choir would like to extend an invitation to come and sing anytime. We meet on a Thursday at 7.30pm and prior to the main service on a Sunday at 10am.

Advent is a time where we prepare for the birth of Christ. What better preparation and Advent discipline than coming to sing? Why not join us during the Advent and Christmas periods. Doesn't the thought of singing Carols at the Advent Carol Service and Nine Lessons and Carols tempt you? Looking forward to welcoming you even if it is on an ad hoc basis. Julian Jefferson

FLOWER ARRANGERS' NEWS

NOVEMBER FLOWERS

I am sure that you would agree that the church looked wonderful for the Harvest Festival and many of our 'Open Church' visitors were very complimentary. The shades of Autumn do tone beautifully with the colours of the ceiling and the windows. I would like to thank everyone who helped in the transformation.

There are a number of spaces on the rota this month. If you think you could help in any way, please speak to me or add your name to the rota. Thank you.
Margaret Holmes

A Brew & A Blether

**There will be NO Brew and Blether in November
(as we are going on an outing to Dobbies Garden Centre on
Thursday 1 November)**

The next Brew and Blether in the church hall will be

**Saturday 1 December
2pm – 4pm**

***Everyone most welcome to join us for a cup of tea,
and a mince pie.***

CALENDAR FOR NOVEMBER 2018

YEAR B

1 November Thursday 2.30pm Note - No Thursday Service

Sunday 4 November – All Souls and All Saints

8.30am Holy Communion

10.30am Sung Eucharist – All Age Service

6.00pm Choral Evensong

7 November Wednesday 10.30am Holy Communion

2.00pm Service at Cairdean

3.00pm Service at Thorburn Manor

4.00pm The St Raphael's Prayer Group

8 November Thursday 2.30pm The Thursday Service

10 November Saturday 4pm 'Street Party' Event

Sunday 11 November – Remembrance Sunday

8.30am Holy Communion

10.30am Sung Eucharist

Act of Remembrance at 11am

6.30pm Pray for Peace

14 November Wednesday 10.30am Holy Communion

15 November Thursday 2.30pm The Thursday Service

Sunday 18 November – Pentecost 26

8.30am Holy Communion

10.30am Sung Eucharist

21 November Wednesday 10.30am Holy Communion

22 November Thursday 2.30pm The Thursday Service

Sunday 25 November – Christ the King

8.30am Holy Communion

10.30am Sung Eucharist

6.30pm Youth Alpha

28 November Wednesday 9.30am Prayer for the life, work and witness of St Cuthbert's

10.30am Holy Communion

29 November Thursday 2.30pm The Thursday Service

Sunday 2 December – First Sunday of Advent

8.30am Holy Communion

10.30am Sung Eucharist –
All Age Service

6.00pm Advent Carol Service

READINGS FOR NOVEMBER 2018



Year B

4 November – All Souls

First Reading	Wisdom 3.1-9
Second Reading	John 11.21-27

11 November - Remembrance

First Reading	Job 19.21-27
Psalm	90
Second Reading	1 Corinthians 15.51-57
Gospel	John 6.37-40

18 November – Pentecost 26

First Reading	Daniel 12.1-3
Psalm	16
Second Reading	Hebrews 10.11-14, 19-25
Gospel	Mark 13.1-8

25 November – Christ the King

First Reading	Daniel 7.9-10, 13-14
Psalm	93
Second Reading	Revelation 1.4b-8
Gospel	John 18.33-37

2 December – First Sunday of Advent

First Reading	1 Thessalonians 3.9-13
Second Reading	Luke 21.25-36

URGENT – VOLUNTEERS NEEDED

The Verandah Club at The Royal Edinburgh Hospital

A team of volunteers from St. Cuthbert's help to run the Verandah café on a Thursday afternoon. We are running low on volunteers and would like to continue to offer this service but won't be able to unless we have more volunteers join the team.

If you are able to volunteer or would like more information, please speak to Hilary Pritchard.

SHALOM (In the presence of God)

We seek to provide a 'sacred space';
a space to reflect, to pray;
a space to find peace, stillness and refreshment.

Our usual pattern after welcoming everyone is to start with a short stilling exercise then a reading and/or reflection followed by a shared silence and finishing with a prayer of thanks and we often end with coffee, cake and a chat!

Our next meeting is on Saturday 3rd November at 10am.

Shalom will be participating in 'Welcoming the Light' on
Saturday 1st December, 9.30am – 12.30pm.

THE OPEN FORUM

The Open Forum will continue to meet on the second Sunday of each month at the same place and at the same time.

During the next 6 months we are using Peter Singers book Ethics in the Real World as a basis for our deliberations.

11 November	Topic	The Fish Scream	Facilitator	John Hampton
9 December	Topic	Darwin's Dilema	Facilitator	Jean Haskell
14 January	Topic	Why vote?	Facilitator	Wendy Stewart
10 February	Topic	Doing good	Facilitator	Sarah Donaldson
10 March	Topic	Euthanasia	Facilitator	Marion Goldsmith

PHOENIX GROUP

We are still planning a trip in November to the exciting new V & A in Dundee, which is very accessible from the new railway station there. We would leave in the morning and return in the late afternoon. The train journey time varies but it is likely to be around 1 hour 20 minutes. If you are interested, please contact Irene Harkness or myself.

We are also organising our very popular Christmas Lunch and further details will be given in the Pew Notes shortly.

Margaret Kieran

Join us and be still with God

Following on from the Listening with the Heart Prayer Course a new evening group has been formed by the course participants. This group will run every Wednesday 7.30-8.30pm in the church commencing on the 7th November. Everyone is welcome to come along, just bring yourself! There is no obligation to attend every week either.

To begin with, the group will be led by Elaine Fyfe and Wendy Pearson but it is hoped others will, in time, be able to share in the leading.

The format is intended to be informal and relaxing. The evenings will begin with stilling and a reflection of the day followed by some silence and a reading with a little input. A short time of sharing thoughts on the content will follow.

Advent Group

During Advent we will be using the book *'An Advent Pilgrimage'* by Paul Nicholson to help us on our journey. This will begin on December 1st with 'Welcoming the Light' and continue each Wednesday evening throughout December.

For further information on both, please speak to Nicki, Elaine or Wendy.

CHRISTIAN AID

I know it's only October, but you might be thinking of presents for a special day in December!

Give a Gift with a Real Meaning www.charity-gifts.christianaid.org.uk

Fruit trees and seeds £14

This gift could help fight the effects of climate change in flood-prone regions of Bangladesh. Trees help flood-proof the land by putting down roots, and the fruit they bear can be sold for additional income.

Our local partner GUK works with communities living in extreme poverty. In Bengali GUK stands for People's Development Centre.

Morsheda's story

Morsheda was just eight years old when she was married off. At fourteen, when she was pregnant with her first child, her husband left her for another woman. Now in her late twenties or early thirties, she cares for her five children alone.

The coastlines of Bangladesh don't remain still: the movement creates little islands called 'chars'. Morsheda is a 'char dweller' – the mighty Bazetilcupi river makes life feel unsafe and unpredictable. When we first met her in late 2015, she had been flooded out of her home several times. She was taking occasional labouring work for as little as 74 pence a day, struggling to feed her family, and told us: "I don't even dream that things could be better."

In 2015, Morsheda was chosen to take part in the Christian Aid-supported RIVER project. Her homestead was raised, she was given livestock, solar energy, some essential sanitary utilities.

And saplings, seeds and tools. Mother Nature does the rest – giving Morsheda, and families like hers, peace of mind and a way out of poverty.

Christian Aid has plenty more ideas for presents. If you're looking for something really different, remember Toilet Twinning. toilettwinning.org. You must know someone who would be proud to have a photo of a loo in their loo!

CHRISTIAN AID
Celebrate St Andrew's Night

SCOTTISH GIN
TASTING

Friday 30 November

7.45pm for 8pm

Colinton Inn

The Function Room

Tickets in advance from Patricia

£20

(includes tasting of 5 different gins)

Profits to Christian Aid Ghana Project

Welcoming the Light



**With prayerful reflections and seasonal activities
we journey into the season of Advent together.**

**Saturday 1st December,
9.30am-12.30pm**

**St Cuthbert's Episcopal Church,
Westgarth Avenue.**



THE LEPROSY MISSION SCOTLAND

LATEST NEWS:

I am pleased to tell you that I sent a cheque for £300 to TLMS in early October. This was the total collected from the Blue Tubs and donations over the last 3 months. Thank you very much.

There are copies of the latest edition of DOCHAS on the shelf by the font. You will see that it is in a different format, with a change of style and a stronger focus on showing you the impact that your gifts, actions and prayers are having around the world. In our small way, here at St Cuthbert's, we are helping to defeat leprosy, transform lives and bring hope to all those people affected by this terrible disease. Please pick up a copy of Dochas if you would like to find out in more detail the work of TLMS.

Barbara Tatlock

The Communicant

News and Notices for the Diocese of Edinburgh



Did you know that the Diocesan Office produces a fortnightly newsletter with lots of information about what is happening around the diocese? As well as reporting on events that have happened, it also advertises forthcoming lectures, events, retreats, concerts etc.

You can see it on-line:

<https://edinburgh.anglican.org/publications/the-communicant/>

There is one printed copy at the back of the church. If you would like information for an event copied, please see Marie in the office.

Personal Information Forms

If you have not yet completed a form please get in touch with Joan Smith or the Church Administrator. It is important that we have up to date details about you and your preferences.

'THE SIGN'

Marie, our administrator has a list of people who subscribe to The Sign, either for collection or for posting and payments are made accordingly.

PLEASE, if you subscribe, check the box for your copy or wait for it to arrive in the post. If you do not subscribe and take a copy from the box, please donate £1 (into the collection box adjacent) to cover costs if you are able. Thank you.

Nicki

2019 subscriptions will be due in January. A reminder will be sent out in December. Thank you for your continued support.

The next edition of The Sign will be for
December AND January.
Please note - the deadline for information
and articles will be

Thursday 8 November

Please send to

stcuthbertscolinton@gmail.com

Thank you.

St Cuthbert's Episcopal Church

Westgarth Avenue, Colinton, Edinburgh EH13 0BD

Tel: 0131 441 7580

Email: stcuthbertsrector@gmail.com

Website: www.stcuthbertscolinton.org.uk

Usual Sunday Services:

8.30am Holy Communion

10.30am Sung Eucharist

*Activities for children & young people
during term-time*

On the first Sunday of each month:

10.30am All Age Sung Eucharist

6.00pm Evensong

Weekday Services:

Wednesdays

10.30am Holy Communion *followed by coffee*

Thursdays

2.30pm The Thursday Service

*A short Ecumenical service designed with elderly
people in mind. Followed by tea.*

Scottish Charity Number: SC007578